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AMLI II
**ATHENS MEDICAL
LEADERSHIP
+ INNOVATION
CONFERENCE**

23-25
November 2018

Megaron Athens
International Conference Center

In Collaboration with



The Research Institute for Longevity
and Prevention of Aging-Related Diseases



Centers of Excellence

Digital Transformation

Personalized Medicine

Redefining Longevity

Cross Border Healthcare

Science & Technology



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ALTER EGO A.E.

Μέλος του Ομίλου Εταιρειών ΕΥΡΩΠΑΪΚΗ ΠΙΣΤΗ

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Introductory Note

Dear Colleagues,

Athens Medical Group (AMG) was founded in 1984 by Dr. G Apostolopoulos, with a vision to become a globally leading healthcare institution and transform Greece into a world class medical destination, equal to the ones in Western Europe and the USA. Today, Athens Medical Group is one of the best European medical groups, whose hospitals operate under the strictest international quality criteria. Its specialized and experienced healthcare professionals have been trained in elite university hospitals, worldwide, while state-of-the-art technology supports the provision of multidisciplinary, patient centered services.

Innovative methods and techniques are constantly adopted, while some of them are firstly introduced on a worldwide level. AMG is offering world class facilities to doctors of the Greek diaspora, thus becoming a key contributor to the **reversal of the “Brain Drain” effect**.

Serving its founder’s vision, Athens Medical Group is organizing the **2nd Athens Medical Leadership and Innovation Conference (AMLI 2018), 23-25 November 2018, at the Megaron Athens International Conference Center**. The **AMLI 2018** conference is expected to serve as a platform where top scientists from Athens Medical Group and their global counterparts will discuss latest trends in their respective fields of expertise.

At the same time the conference will address key global trends driving patient mobility, into what is considered today a fully globalized market for Healthcare services. Finally, the important role of patient advocacy will be emphasized.

On behalf of the Organizing and Scientific Committee, we would like to welcome you to this important scientific event.

Christodoulos Stephanadis

President of the Organizing Committee, Professor of Cardiology
Athens Medical School & Yale School of Medicine
President of the Research Institute for Longevity
and Prevention of Geriatric Diseases
Director of Athens Heart Center
Athens Medical Center

Drevelgas Antonios

President of the Scientific Committee
Professor of Radiology
President of the Scientific Board
European Interbalkan Medical Center



Organising Committee

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Conference Program

Friday 23 of November 2018

09.00-10.00 **Arrival - Registration**

MC3 HALL

10.00-13.30 **Advances in Gynaecology - Obstetrics**

Moderators: **E. Salamalekis - G. Pantos**

10.00-11.00 **Round Table A
Surgical Oncology**

Prevention of Gynaecological Cancer - Latest advances
L. Giannikos

Laparoscopic surgery in incipient endometrial cancer: Necessity or exaggeration?

G. Pantos

Cervix cancer - Laparoscopic surgery

Th. Tsoumbis

Discussion

11.00-12.00 **Satellite Symposium** (page 44)

12.00-13.30 **Round Table C
Latest Advances in Obstetrics - Gynaecology**

Moderators: **L. Giannikos - K. Sfakianoudis**

Free fetal DNA / NIPT (non invasive prenatal testing) in fetal medicine - an update

E. Anastasakis

Natural childbirth after a caesarean section

Th. Liakakos

Risk management in Obstetrics - Gynaecology

D. Tsesmelakis

Contraception - New data

V. Tsironis

Challenges and prospects in the prevention of HPV-related diseases after the release and circulation of the 9-valent vaccine

P. Thomopoulos

Discussion

13.30-14.00 **Coffee Break**



Conference Program

Friday 23 of November 2018

MC3 HALL

14.00-15.45

Innovation in Neurology

Moderators: **I. Milonas - K. Karageorgiou**

14.00-14.45

Round Table A

The Multiple Sclerosis Center of the European Interbalkan Medical Center

New Multiple Sclerosis Center at the European Interbalkan Medical Center

I. Milonas

New advances in the treatment of multiple sclerosis

G. Balamoutsos

What does the Multiple Sclerosis Center offer in the treatment of the disease

K. Papadopoulos

Discussion

14.45-15.45

Round Table B

Modern Neurology

Latest achievements in Neurology

K. Karageorgiou

Multiple Sclerosis: A comprehensive treatment response

D. Papadopoulos

Multiple sclerosis in children

E. Koutlas

Invasive treatments for Parkinson's disease

B. Sakkou

Discussion

15.45-16.15

Emergency Treatment of Brain Diseases

Moderators: **G. Orfanidis - G. Pavlidis**

Surgical treatment of aneurysms (ruptured and unruptured)

E. Antoniou - K. Davanelos

Acute ischemic stroke treatment - Mechanical thrombectomy

M. Karygiannis

Discussion



Conference Program

Friday 23 of November 2018

10.00-11.30 Arrival - Registration

SKALKOTAS HALL

11.30-12.30 Innovation in Cardiac Surgery

Moderators: **M. Kantartzis - M. Panagiotou**

State-of-the-Art beating heart surgery in the coronary arteries
V. Kotsis

Ischemic cardiomyopathy and surgical ventricular restoration in the post-stich era trial

M. Panagiotou

New advances in the aortic valve surgery

G. Gritsopoulos

Beating heart coronary endarterectomy in the anterior descending artery, with the use of skeletonized internal thoracic artery as patch, in situ

A. Bakas

Discussion

12.30-13.00 Coffee Break

13.00-15.00 Innovation in Vascular Surgery

Presidium: **C. Liapis - K. Papazoglou**

**13.00-13.45 Round Table A
State Of the Art: Vascular Surgery**

Innovation in vascular surgery: An overview

C. Liapis

Innovations in aneurysmal disease

H. Eckstein

Innovations in cerebrovascular and peripheral arterial disease

P. Cao

Discussion



Conference Program

Friday 23 of November 2018

SKALKOTAS HALL

13.45-15.15

Round Table B New Techniques in Vascular Surgery

Aortic endograft infection. Challenge and nightmare

E. Kanellopoulos

Vascular trauma of the extremities

A. Papapetrou

Treatment of thoracoabdominal aneurysms

K. Karkaletsis

New developments in the abdominal aorta treatment

K. Konstantinidis

Minimally invasive bloodless techniques of treatment of the varicose veins of the lower extremities

K. Lambretsas

Discussion

15.15-15.30

Coffee Break

15.30-21.15

REVERSING BRAIN DRAIN - 20 EXPERTS FOR THE NEXT 20 YEARS

Greeting: **V. Apostolopoulos**

15.30-16.45

Round Table A State of The Art - Cardiology and Vascular Surgery - Minimally Invasive Techniques

Moderators: **Ch. Stephanadis - C. Liapis**

Modern treatment of arrhythmias with ablation. Indications and results

L. Mantziari

The future of electrophysiology: Non invasive cardiac radiation for ablation of cardiac arrhythmias

Th. Kordalis

Repatriation of excellence in the modern Greek reality: Goals, challenges and prospects

A. Antoniadis

Integrated treatment of patients with heart failure and reduced ejection fraction

D. Konstantinou

Current techniques for complex total endovascular aneurysm repair

Th. Bisdas

Discussion



SKALKOTAS HALL

16.45-17.00 **Coffee Break**

17.00-17.45 **Round Table B**
General Surgery - Plastic Surgery - Latest Advances

Moderators: **K. Konstantinidis - E. Papalambros**

Minimally-invasive colorectal surgery at the Interbalkan Medical Centre; A Centre of Excellence and Training

M.G. Pramateftakis

Treatment of the borderline resectable pancreatic cancer

D. Giakoustidis

Novel materials and techniques in the treatment of anal and perianal disease

M. Grigoriou

Surgical management and treatment of secondary lymphedema with lymph node transplantation

D. Dionysiou

Discussion

17.45-18.30 **Round Table C**
Colorectal and Liver Cancer - Latest Advances in the Diagnosis and Treatment

Moderators: **D. Janinis - I. Spiliotis**

CT colonography - Indications and contraindications

K. Drevelegas

New Trends in melanoma metastatic liver cancer from the colon

K. Botsolis

Non alcoholic fatty liver disease - The epidemic of the 21st century

E. Sinakos

Discussion

18.30-19.15 **Round Table D**
Minimally Invasive Thoracic and Heart Surgery

Moderators: **M. Panagiotou - D. Filippou**

Minimally invasive thoracic surgery, maximum benefits

L. Toufektzian

Single-Incision thoracoscopic surgery

L. Papastavrou

Uniportal VATS - Our experience

M. Klimatsidas

State of the art coronary artery surgery

A. Roubelakis

Discussion



Conference Program

Friday 23 of November 2018

SKALKOTAS HALL

19.15-20.15

Round Table E Arthroscopy - Latest Advances

Moderators: **P. Nikolaou - D. Misitzis**

Current concepts in shoulder arthroscopy

H. Sinopidis

“A la carte” plastic surgery in the anterior cruciate ligament.
Present and future

H. Voulgaropoulos - K. Dimitrakas

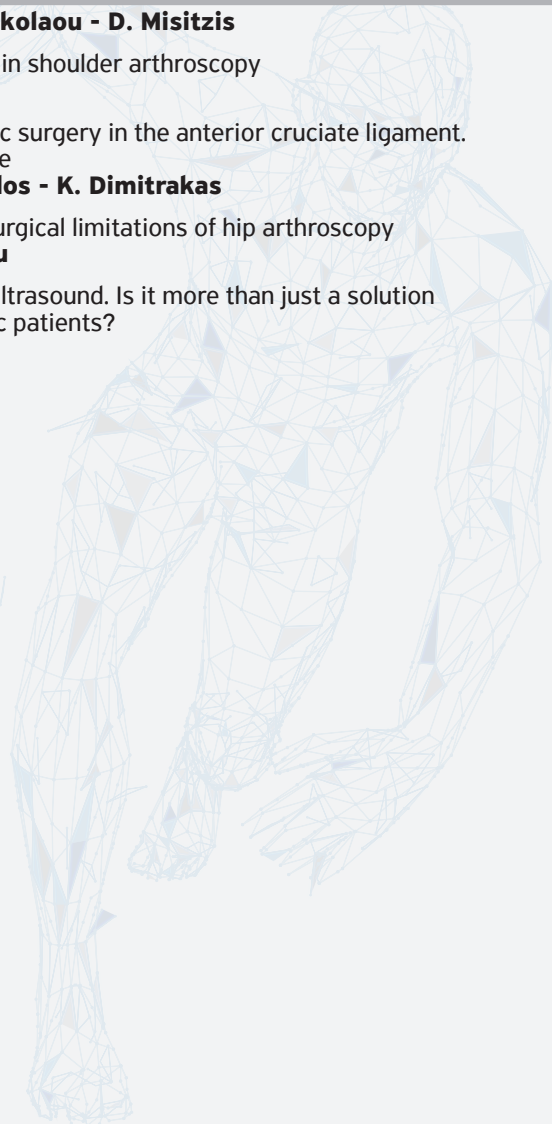
Indications and surgical limitations of hip arthroscopy

A. Papavassiliou

Musculoskeletal ultrasound. Is it more than just a solution
for claustrophobic patients?

D. Papoutsi

Discussion





10.00-11.30 Arrival - Registration

MC2 HALL

11.30-17.00 Multidisciplinary Subjects - Modern Approach (emergency medicine, internal medicine, diabetes, obesity, infections)

**11.30-12.30 Round Table A
Hospital Internal Medicine: From Critical to Chronic**

Moderators: **H. Pittaros - G. Naoum**

«CIRS» (Critical Incident Reporting System)

E. Vatali

International patients: Challenges and everyday life

Th. Sachinidis

Patient blood management (PBM), the emerging role of Internal Medicine

P. Doukas

Functional medicine and cancer

G. Tyrogiannis

Discussion

**12:30-13:15 Round Table B
Innovation in the Treatment of Type I Diabetes**

Moderators: **G. Koustas - P. Katopodis**

Continuous glucose monitoring system

G. Argyrakopoulou

Diabetic foot - Modern treatment

G. Koustas

Newest therapeutic interventions in the treatment of diabetes type 1 and 2

N. Kantzos

Discussion

13.15-13.30 Coffee Break



Conference Program

Friday 23 of November 2018

MC2 HALL

13:30-14:15

Round Table C Innovation in the Treatment of Type II Diabetes

Moderators: **S. Adamidis - N. Kantzos**

The role of mobile based artificial intelligence in diabetes self-management and tele-management

I. Doupis

Clinical research in diabetes mellitus: Innovation field

G. Karousos

Diabetic foot, on the occasion of 5 cases of diabetic foot

A. Gougoulakis

Discussion

14.15-15.00

Round Table D Treatment of Obesity - Latest Advances

Moderators: **S. Adamidis - G. Spiliopoulos**

Weight loss medication: Updates

S. Adamidis

Non-surgical treatment of obesity

P. Katopodis

Go beyond the therapeutic status quo of obesity and type II diabetes

G. Spiliopoulos

Discussion

15.00-15.15

Coffee Break



MC2 HALL

15.15-17.00

Round Table E
Hospital-Acquired Infections: Treatment and Management Practices

Moderators: **A. Stoupi - P. Gargalianos-Kakolyris - P. Nikolaidis**

Introduction

P. Gargalianos-Kakolyris

Consumption of antibiotics under restriction

A. Papanikolopoulou

Microbial resistance towards antibiotics

A. Pangali

Control of the dispersion of multidrug-resistant bacteria

D. Kalimeri

New and future antibiotics for hospital-acquired infections

A. Stoupi

Conclusions

P. Nikolaidis

Discussion

17.00-17.15

Coffee Break

17.15-19.15

Innovation in Cardiology

Moderators: **Ch. Stephanadis - D. Tousoulis - P. Altsitzoglou**

17.15-18.00

Round Table A
Latest Advances in Cardiovascular Imaging

Vascular age: We are as old as our arteries

P. Pietri

Multimodality imaging for structural and valve interventions:

State of the art

S. Lerakis

Stress echo in coronary artery disease and perioperative risk assessment

S. Karagiannis

Discussion



Conference Program

Friday 23 of November 2018

MC2 HALL

18.00-19.15

Round Table B Latest Invasive Techniques in Cardiology

Advanced invasive electrophysiological practices: A modern view

D. Tsiachris

Percutaneous coronary revascularization in the elderly

Ch. Arambatzis

Latest developments in transcatheter aortic valve replacement

G. Papaioannou

Durability of transcatheter valves. Our experience

E. Ioannidis

Percutaneous coronary angioplasty in patients with heart failure

Th. Papadopoulos

Angioplasty in chronic total occlusions. Benefits in patient survival and the quality of life

A. Nikitopoulos

Discussion



Conference Program

Saturday 24 of November 2018

08.30-09.00 Arrival - Registration

MC2 HALL

09.00-11.30 Innovation in Orthopaedics

09.00-10.00 **Round Table A**
Latest Advances in the Surgical Treatment of the Knee Joint Diseases

Moderators: **V. Bitounis - N. Christodoulou**

Computed assisted surgery (navigation) for total knee replacement
D. Triantafyllopoulos

Electronic technology in knee replacement surgery
G. Goudelis

The "Stiff Knee" and total knee arthroplasty
V. Chalidis

Unicompartmental knee replacement surgery
K. Kotsiopoulos

Discussion

10.00-11.00 **Round Table B**
Latest Advances in the Surgical Treatment of the Hip Joint Diseases

Moderators: **N. Prevezas - G. Tsarouchas - A. Apostolopoulos**

Treatment of subcapital femoral fractures with ASI method
I. Tsarouchas

Modified ALMIS technique and short antirotation stems in hip arthroplasties
N. Christodoulou

Our experience regarding THR with fast track and enhanced recovery protocol with posterior MIS approach
E. Gakis

Early hip osteoarthritis in young patients and innovative treatments
D. Kastrenopoulos

The ace and basin fractures from antiquity to the present
N. Prevezas

Discussion



Conference Program

Saturday 24 of November 2018

MC2 HALL

11.00-12.00

Round Table C

Latest Advances in the Surgery for Sports Injuries

Moderators: **P. Nikolaou - N. Piskopakis**

Surgical reconstruction of the posterior cruciate ligament of the knee
P. Nikolaou

Tendon transfer for irreparable rotator cuff tears. Indications and limits
I. Gavriilidis

Advances in the anterior cruciate ligament surgery
G. Karachalios

Root meniscal lesions. From diagnosis to treatment
D. Anastasakis

Discussion

12.00-12.30

Coffee Break

12.30-13.30

Round Table D

Latest Advances in the Surgery of the Upper Extremities

Moderators: **A. Beris - D. Mitzis**

From patient specific planning over 3D printed guides to patient specific implant solutions
F. Stockmans

Peripheral neuropathies in the upper extremities
P. Giannakopoulos

Elbow arthroscopy - Management of plica syndrome
Ch. Chrysanthou

Endoscopic release of the carpal tunnel release
I. Ignatiadis

Discussion



MC2 HALL

13.30-15.15 Innovation in the Treatment of Spine Disorders

Moderators: **R. Sabljic - S. Papastefanou - Ch. Ambertos**

13.30-14.45 Satellite Symposium (page 44)

**14.45-15.15 Round Table B
Modern Surgical Oncology of the Spine**

The current surgical treatment of spinal cord tumors
Ch. Ambertos

Indications and results of the surgical intervention in the metastatic disease of the spine
S. Papastefanou

Discussion



Conference Program

Saturday 24 of November 2018

08.30-09.00 Arrival - Registration

SKALKOTAS HALL

09.00-13.30 Innovation in Urology and Nephrology

**09.00-09.45 Round Table A
Prostate Cancer - Innovation in Imaging Tools**

Moderators: **M. Kalogeris - Ach. Ploumidis**

The role of multiparametric prostate MRI in diagnosis of prostate cancer

D. Chourmouzis

Biopsy of the prostate with the elastic fusion technique. The 2 years of experience at the Paleo Faliro Clinic

M. Kalogeris

Fusion biopsy of the prostate. From the targeted biopsy to the localized treatment

A. Andreou

Discussion

09.45-10.30 Satellite Symposium (page 45)

**10.30-11.15 Round Table C
Global Best Practices in Prostate Treatment**

Moderators: **An. Ploumidis - Ch. Logothetis**

Prostate cancer moon shot - Shifting from a treatment paradigm to a curative paradigm

Ch. Logothetis

Robotic radical prostatectomy: One step ahead

G. Kyriakou

Complications and oncological/functional outcomes of salvage radical prostatectomy

T. Piechaud

Discussion



SKALKOTAS HALL

Moderators: **N. Pardalidis - D. Diamantopoulou**

11.15-12.00

Round Table D **Benign Kidney Diseases - New Treatment Protocols**

New paths for the treatment of anaemia in chronic kidney disease
D. Diamantopoulou

Endourological management of lower pole calyceal stones:
Percutaneous nephrolithotripsy or retrograde manipulation?
N. Pardalidis

Update in continuous renal replacement therapies
D. Bafas

Discussion

12.00-12.30

Round Table E **Malignant Kidney Diseases - New Treatment Protocols**

Robotic partial nephrectomy. Has the time come to be speaking
about the golden standard?
A. Lambanaris

Partial nephrectomy on cancer - Technique and results
A. Kollias

Discussion

12.30-13.30

Round Table F **Urology - Latest Advances**

Moderators: **A. Kollias - K. Konstandinidis**

One Day Clinic for Advanced Urological Procedures – Establishing
a New Reality in Athens Medical Center
Ach. Ploumidis

Latest methods of surgical imaging in situ bladder cancer
P. Gritsios

Endoscopic self expanding ureteral stent
D. Papadopoulos

From homo sapiens to homo deus
K. Konstandinidis

Discussion

13.30-14.15

Next-Generation MRI: New 3 Tesla @ Athens Medical Center

M. Bodozoglou - G. Zannoli

14.15-14.30

Coffee Break



Conference Program

Saturday 24 of November 2018

SKALKOTAS HALL

14.30-19.15

HEALTHCARE - A VIEW OF THE FUTURE

Healthcare without Borders: Global Mega-Trends Driving Patient Mobility

Moderators: **R. Maggiriadis - E. Papazachou**

14.30-15.15

a. Healthcare Digital Transformation

Estonian digital healthcare: Roadmap and implications.
Ideas for the future

T. Einaste

Application of BlockChain technologies in the healthcare sector

S. Ioannidis

Digital innovation and healthcare transformation

M. Spanos

Discussion

15.15-16.15

b. Longevity: From Curative, to Preventive and then Promotive

Longevity: Younger for more years

Y. Tountas

Stress management as a major factor of longevity

G. Chrousos

Cancer: Who are you? How do you live? Where do you live?

J. Spiliotis

Ikaria, the island where people forget to die

C. Stephanadis

Discussion

16.15-17.15

c. Personalized Medicine: Taking Guidelines One Step Ahead

Transforming healthcare by Biomedical Big Data and AI

M. Wang

Small things make the big picture

D. Fotiadis

New concepts for clinical trial designs in personalized oncology

L. Pilz

Discussion



SKALKOTAS HALL

17.15-18.15

d. Patient Advocacy: Having the Patient at the Center of Attention

The evidence-base for patient and family engagement in healthcare

S. Frampton

Living with multiple sclerosis - Patient activism

V. Maraka

Putting an end in hospital infections - Walk the talk

A. Plevris

Living example of a solidarity model

M. Giantsoudi

Discussion

18.15-19.30

e. The Future of Hospital Management

The implementation of the EU directive on cross-border healthcare and the position of European private hospitals

I. Giannico

Engagement through evidence - Collaborative working & patient pathway analytics to develop and sustain new models of care

B. McConnochie

Aging population and its impact on medical tourism

J. Verma

The future of healthcare

V. Apostolopoulos

Discussion

19.30-19.45

Coffee Break

19.45-21.15

OPENING CEREMONY

Greetings

An overview of Athens Medical Group's 35 year history and social contribution

George Apostolopoulos

Speech by **Christos Apostolopoulos**

Speech by **Vassili Apostolopoulos**



Conference Program

Sunday 25 of November 2018

MC2 HALL

08.30-09.00 **Arrival - Registration**

09.00-10.30 **Innovation in Otorhinolaryngology and Maxillofacial Surgery**

Moderators: **G. Doundoulakis - T. Terzis - G. Gavalas**

09.00-09.45 **Round Table A
Head and Neck Surgery - Latest Advances**

The treatment of parotid gland tumors

G. Doundoulakis

Restoration of large maxillofacial defects after the surgical excision of neoplasias

E. Karambouta

Aesthetic and reconstructive surgery of the face and jaws

I. Hatzistefanou

Discussion

09.45-10.30 **Round Table B
Latest Treatment Protocols in Otorhinolaryngology**

Modern capabilities of the endoscopic nasal surgery and of the surgery of paranasal sinuses

T. Terzis

Audiological and neurotological findings in migraine-causing vestibulopathy

G. Gavalas

Problems and solutions in rhinoplasty

D. Louloudis

Discussion



MC2 HALL

10.30-11.15 Modern Pulmonology

Moderators: **D. Papantonatos - A. Viskos**

Imaging approach in the early diagnosis of lung cancer

A. Viskos

New developments regarding COPD bronchoscopic lung volume reduction on emphysema patients

A. Palamidas - F. Herth

Bronchoscopic lung volume reduction using endobronchial valves in patients with severe emphysema

J. Hartman

Discussion

11.15-11.30 Coffee Break

11.30-13.00 Multidisciplinary Approach to Lung Cancer

Moderators: **G. Dahabreh - C. Manegold**

Endobronchial ultrasound (EBUS - TBNA) in the diagnosis and staging of lung cancer

I. Titopoulos

Diagnosis and management of malignant pleural effusions

D. Economou

Catamenial pneumothorax. VATS repair

K. Tsakiridis

Robotic thoracic surgery: Restart

D. Filippou

The Potential of combined immunotherapy and antiangiogenesis for the synergistic treatment of advanced NSCLC

C. Manegold

Targeting specific mutations in the treatment of lung cancer

Ch. Emmanouilidis

Discussion



Conference Program

Sunday 25 of November 2018

MC2 HALL

13.00-13.45 Thoracic Surgery - Latest Data

Moderators: **I. Titopoulos - K. Tsakiridis**

Gravis Myasthenia - Modern Treatment

J. Dahabreh

Malignant Mesothelioma - HITHOC experience from European
Interbalkan Medical Center

A. Kleontas

Discussion

13.45-14.00 Coffee Break

14.00-16.15 Innovation in the Treatment of Breast and Endocrine Conditions

14.00-14.45 Round Table A State of the Art - Thyroid, Parathyroid, Endocrine

Moderators: **V. Kekis - D. Linos**

Retroperitoneal endoscopic adrenalectomy

D. Linos

Adrenal cancer - Surgical treatment - Latest data

P. Kekis

Minimally invasive endocrine gland surgery: High specialization with
high technology for optimal result

Th. Papavramidis

Discussion



MC2 HALL

14.45-16.15

**Round Table B
Breast Cancer - Latest Data - Multidisciplinary Approach**

Moderators: **I. Misitzis - S. Koutsogiorgas**

Mass screening program for the early detection of breast cancer – Hellenic experience

E. Ampatzoglou

Hereditary breast cancer- Detection and management of mutation carriers

K. Anastasakou

Latest advances in pharmacological treatment of breast cancer

I. Letsa

What´s new in autologous breast reconstruction following mastectomy

E. Demiri

Breast augmentation for the modern women

P. Papaioannou

Discussion

16.15-16.30

Coffee Break

16.30-17.00

Modern Hematology

Moderators: **G. Pagkalis - A. Pigaditou**

Development of the treatment of malignant hematologic conditions

G. Pagkalis

Therapeutic strategy in mantle cell lymphoma

S. Sachanas

Discussion



Conference Program

Sunday 25 of November 2018

SKALKOTAS HALL

08.30-09.00 **Arrival - Registration**

09.00-10.15 **Innovation in the Treatment of the Oncological and Functional Diseases of the Esophagus**

Moderators: **P. Giannopoulos - S. Ladas**

Hybrid Laparoscopic - Endoscopic surgery to exclude tumors of the upper digestive tract

D. Ntourakis

Surgical oncology on the esophagus

P. Giannopoulos

Latest advancements in oncological surgery of the upper digestive tract

M. Zacharakis

Robotic repair of diaphragmatic hernia, gastroesophageal reflux disease and esophageal achalasia. Our experience in 500 cases.

K. Konstantinidis

Discussion

10.15-12.30 **Colorectal cancer - Latest Data**

Moderators: **G. Basdanis - K. Zografos - Ch. Emmanouilidis**

10.15-11.45 **Round Table A
Latest Advances in Treating Colorectal Conditions**

Risk of colon cancer in idiopathic inflammatory bowel disease

N. Koumentakis

Digital surgery for gastrointestinal malignancies

K. Stratoulis

Personalized treatment for patients with colorectal cancer

D. Karachalios

Immunotherapy and Cancer - The future is in progress

M. Karamouzis

Endoscopic surgery in anorectal diseases and the coccyx

O. Michail

Discussion



SKALKOTAS HALL

11.45-12.30

Round Table B **State of the Art Treatment of Colorectal Cancer -** **Multidisciplinary Approach**

Robotic surgery of digestive cancer. Knowledge, experience and technology lead to the optimal result

K. Konstantinidis

Modern radiation therapy in the treatment of rectal and anal cancer -
The role of the multidisciplinary team in Athens Medical Group

L. Vini

Latest advancements in chemotherapy for colorectal cancer

D. Tzanninis

Discussion

12.30-12.45

Coffee Break

12.45-13.45

Round Table C **Latest Techniques in Digestive Oncology**

Moderators: **D. Chatzopoulos - J. Spiliotis**

HIPEC - Latest advancements

J. Spiliotis

Personalized multifactorial strategy for rectal cancer

I. Kanellos

Anal cancer - Treatment

A. Pappas

Treatment of chronic pain and palliative care

A. Vadalouka

Discussion



Conference Program

Sunday 25 of November 2018

SKALKOTAS HALL

13.45-15.15 Latest Advancements in General Surgery

Moderators: **I. Kanellos - A. Xiarchos**

Robotic surgery - Our experience

S. Hirides

Robotic surgery - The modern treatment of colorectal cancer

Ch. Konstantinidis

Modern obesity surgery

I. Sdralis

Posterior component separation with transversus abdominis release:
A new technique for the repair of large / complex abdominal wall
hernias

G. Chatzimavroudis

Innovations in colorectal surgery. The future is here

A. Xiarchos

Discussion

15.15-15.45 Coffee Break

15.45-17.30 Latest Advancements in the Treatment of Liver Cancer

Moderators: **E. Akriviadis - E. Papalampros**

15.45-16.45 Round Table A Multidisciplinary Approach on Liver Cancer

Hepatocellular cancer - The epidemic is here

D. Karagiannis

Malignant liver disease

Th. Alexiou

Irreversible electroporation for liver, bile duct, pancreatic cancer

E. Felekouras

Clinical studies in oncology

S. Baka

Discussion



SKALKOTAS HALL

16.45-17.30

**Round Table B
Latest Techniques in the Treatment of Liver Cancer**

Modern multifactorial approach on liver metastases from colorectal cancer - Surgical approach

A. Ntinis

Surgical management of benign and malignant liver tumors

E. Perrakis

Interventional oncology in the management of cholangiocarcinoma

I. Dedes

Discussion

17.30-17.45

Coffee Break

17.45-19.00

Latest Advancements in the Treatment of Pancreatic Cancer

Moderators: **A. Drevelegkas - E. Akriviadis - K. Konstantinidis**

Dilemmas and challenges in the surgical treatment of malignant pancreatic neoplasms

E. Chatzitheoklitos

Pancreatic cancer - The gastroenterologist's perspective

F. Laoudi

The contribution of axial and magnetic tomography to pancreatic cancer

E. Papadopoulou

ERCP: Rare cases

S. Pantelaros

Cancer and prevention in 2018

A. Polyzos

Discussion

19.00-19.30

Closing Remarks



Nursing Section Program

Friday 23 of November 2018

16.00-16.30 Registration

MC3 HALL

16.30-16.45 Greetings

**16.45-18.00 1st SESSION
Nursing Issues (I)**

**Round Table
The Young Patient and its Parents**

Moderators: **I. Michou - E. Giavassopoulos**

The process of venipuncture in the presence of parents

S. Karakousi

Preparing the child and its parents for the administration of anesthesia

N. Kouroupaki

The “up to date” nurse and the parent that “googles”

A. Karagiannis

18.00-18.10 Discussion

18.10-18.30 Coffee Break

18.30-19.00 2nd SESSION

Invited speaker: **M. Kalogerakis**

“Emotional Intelligence”

Moderators: **M. Markopoulos - K. Goulopoulou**



Nursing Section Program

Friday 23 of November 2018

MC3 HALL

19.00-20.30

3rd SESSION

Proposals

Moderator: **A. Chatzis**

Educating the nurse of the future
Y. Kalofissoudis

Moderators: **A. Fretzayas - E. Papadopoulou**

A comment on the ideals and reality that the new nurse is experiencing
K. Goulopoulou

Moderators: **Th. Karpathios - K. Goulopoulou**

The role of the nurse through the eyes of the clinical paediatrician
A. Stasinopoulou

Discussion



Nursing Section Program

Saturday 24 of November 2018

08.30-08.50 Registration

MC3 HALL

08.50-09.00 Greetings

**09.00-10.40 4th Session
Nursing Issues (II)**

**Round Table
Infections at the Children's Hospital**

Moderators: **A. Pagkali - D.Kalimeri**

Measures to prevent transmission of infections in the Emergency Room / triage

S. Gkardia

Management of unvaccinated children in the Hospital

G. Naoumis

Nursing measures to prevent spread of *S. Aureus* and *C. Difficile* in the clinic

Ch. Vasilopoulou

Urgent transport of patient treated in isolation to the operating room

Th. Tsangos

Serological screening and vaccination program of paediatrics facilities' human resources

A. Terzidis

10.40-10.50 Discussion

**10.50-11.20 5th SESSION
Proposal**

Moderators: **A. Kavasilas - V. Lepeniotis**

Nurse and information technology

A. Chania

11.20-11.30 Discussion

END OF NURSING DAY



Paediatrics Section Program

Saturday 24 of November 2018

11.00-11.30 Registration

MC3 HALL

SURGICAL PROBLEMS IN PAEDIATRICS PRACTICE

11.30-13.20 1st SESSION

Practical Paediatric Surgical Issues

Moderators: **F. Athanassiadou-Piperopoulou - G. Mousatos**

Clinical evaluation of the genital system by the paediatrician in school age and adolescence

M. Maragkakis

Paediatric Oncology and paediatric surgeon's contribution

N. Baltogiannis

Conservative or surgical treatment of acute appendicitis in children: Concerns

P. Aftzoglou

Reconstructive surgery of funnel chest

A. Mastorakis

Ultrasound check in surgical emergencies

E. Manoli

Discussion

13.20-14.30 2nd SESSION

Practical Paediatric Orthopedics Issues

Moderators: **M. Ierodiakonou - D. Pasparakis**

Antalgic gait in children

D. Pasparakis

Painless limp in children

N. Laliotis

Congenital differences of the upper limbs

E. Papadogeorgou

Discussion

14.30-15.30 Coffee Break



Paediatrics Section Program

Saturday 24 of November 2018

MC3 HALL

15.30-17.00

3rd SESSION

Practical Paediatric Otolaryngological and Paediatric Ophthalmological Issues

Moderators: **E. Kaltsos - D. Ntinopoulou**

Acute mastoiditis and its complications

I. Christophoulos

Paranasal sinuses inflammation diagnosis and complications that should be prevented

E. Koudounakis

Modern views on cochlear implants

I. Athanasopoulos

Ophthalmology for the Paediatrician

S. Gkatzonis

Discussion

END OF SURGICAL DAY



Paediatrics Section Program

Saturday 24 of November 2018

16.00-17.00 Registration

MC3 HALL

CLINICAL PROBLEMS IN PAEDIATRIC PRACTICE

16.50-17.00 Greetings

17.00-18.15

1st SESSION

Special Issues of Clinical Interest

Moderator: **Ch. Bartsokas - M. Tsolia**

Skin rashes caused by antibiotics: Errors and exaggerations
M. Makris

Poor weight gain in infants
M. Markouri

Persistent acute anxiety and crying in neonates and infants
A. Fretzayas

Discussion

18.15-19.00

2nd SESSION

Invited Speaker: **S. Antonarakis**

“The renaissance of Genomic Medicine”

Moderators: **A. Fretzayas - P. Nikolaidou-Karpathiou**

19.00-19.45

Coffee Break

19.45-21.15

OPENING CEREMONY

Greetings

An overview of Athens Medical Group’s 35 year history and social contribution

George Apostolopoulos

Speech by **Christos Apostolopoulos**

Speech by **Vasili Apostolopoulos**



Paediatrics Section Program

Sunday 25 of November 2018

09.00-09.30 Registration

MC3 HALL

09.30-10.50 3rd SESSION

Issues (I)

Moderators: **K. Priftis - K. Douros**

Acute airway obstruction: Pathophysiology and treatment

A. Chatzis

Probing of chronic productive cough

G. Koltsida

Urticaria and anaphylaxis in the paediatrician's office

S. Giavi

Discussion

10.50-12.30 4th SESSION

**Round Table
Functional Gastrointestinal Disorders**

Moderator: **E. Roma**

Introduction to functional gastrointestinal disorders in children:
Classification, frequency and risk factors

G. Chouliaras

Functional disorders that manifest with nausea and vomiting

E. Karanika

Functional disorders that manifest with abdominal pain as the main
symptom

S. Fessatou

Functional disorders in infants: colics, postprandial vomiting,
dyschesia

M. Rogalidou

Discussion

12.30-12.50 Coffee Break



MC3 HALL

12.50-14.00

5th SESSION

Common Heart Problems

Moderator: **D. Georgakopoulos**

Arrhythmias in childhood and their treatment

A. Kontogeorgis

Paediatric Cardiology and prevention: From prenatal testing to pre-athletic tests

S. Koulouri

Guidelines for the measurement and evaluation of arterial blood pressure

E. Bei

Discussion

14.00-15.00

Coffee Break

15.00-17.10

6th SESSION

Specialized Paediatric Issues of Practical Interest (I)

Moderators: **D. Zarganis - A. Zacharodimos**

When body defense mechanisms are deemed inefficient and how does the paediatrician proceed diagnostically

M. Tzanoudaki

Protocol of imaging control in infants with urinary tract infection

F. Komianou

Latent hyperenzymemias and their clinical importance

I. Kanavaki

Presymptomatic screening for diabetes

D. Papadimitriou

Colonization of *S. Aureus* and relapsing skin infections

A. Alexopoulos

Discussion

17.00-17.30

Coffee Break



Paediatrics Section Program

Sunday 25 of November 2018

MC3 HALL

17.30-19.40

7th SESSION

Specialized Paediatric Issues of Practical Interest (II)

Moderators: **F. Sarifi - A. Fretzayas**

Acute and chronic lymphadenopathy

F. Tzifi

Vulvovaginitis in childhood and adolescence

A. Delivelioti

Daily needs, exaggerations and danger from the administration of vitamins and trace elements

G. Papageorgiou

Nutritional principles for the treatment of obesity

I. Chryssou

Learning disabilities in childhood, warning signs

A. Sofianou

When is the referral to a speech therapist is deemed necessary?

E. Koudoumnaki

19.30-19.40

Discussion - End of the Conference



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Satellite Symposium

Friday 23 of November 2018

MC3 HALL

10.00-13.30 **Advances in Gynaecology - Obstetrics**

Moderators: **E. Salamalekis - G. Pantos**

11.00-12.00 **Satellite Symposium
IVF**



In vitro fertilization with pre-implantation genetic testing
F. Goutzioulis

In vitro fertilization - egg freezing. A window of optimism
for women

Ch. Papanikopoulos

Regenerative medicine for the treatment of premature ovarian aging
K. Sfakianoudis

Discussion

Saturday 24 of November 2018

MC2 HALL

09.00-13.30 **Innovation in the Treatment of Spine Disorders**

13.30-14.45 **Satellite Symposium
Innovation in the Diagnosis and Treatment of Spine Disorders**



Endoscopic lumbar surgery - When to use the transforaminal or the
interlaminar approach

R. Sabljic

The place of endoscopy in the treatment of intervertebral disc
herniation in the lumbar spine under local anaesthesia and controlled
sedation - The experience of 400 cases

S. Kapetanakis

Evolution of the management of idiopathic scoliosis
E. Samoladas

Innovative techniques for chronic low back pain
G. Triantafyllopoulos

Discussion



Saturday 24 of November 2018

SKALKOTAS HALL

09.00-13.30 Innovation in Urology and Nephrology

09.45-10.30 **Satellite Symposium**
New Techniques in the Treatment of Prostate Cancer



Moderators: **G. Kyriakou - A. Lambanaris**

Maintenance of the erectile function in the era of robotic radical prostatectomy. New techniques and data

S. Tyrizis

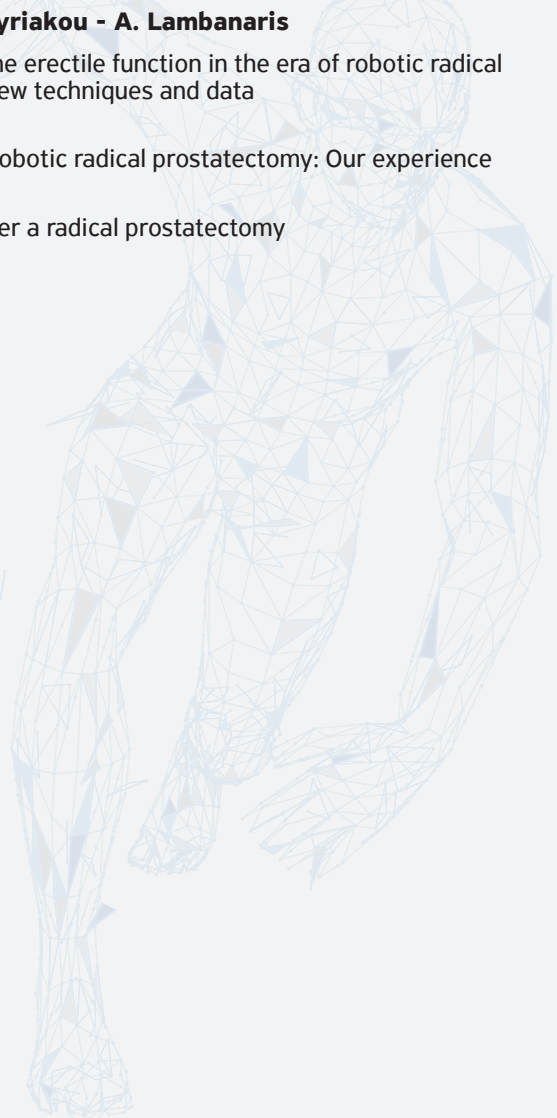
Retzius-Sparing robotic radical prostatectomy: Our experience

Ch. Komninos

Complications after a radical prostatectomy

E. Zacharakis

Discussion





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General Information

Dates

23-25 of November 2018

Place the Conference is Held

Megaron Athens International Conference Center - Rooms: “Skalkotas & MC2 & MC3”

Language of the Conference

The official languages of the Conference will be English and Greek.
There will be a translation system for the entire duration of the Conference.

Webpage of the Conference

Information about the conference is continuously posted on the webpage
www.amli2018.com

Registration to the Conference

The participation to the Conference is **free** and includes:

- Free attendance - registration
- Bag with the Conference material
- Visit to the exhibition space
- Free coffee during coffee breaks
- Participation in Social Events
- Certificate of Participation with the respective medical credits (doctors only)

The interested persons are invited to fill in and send the Participation Form to the secretariat. The Participation Form is available at the site of the Conference. Moreover, registrations will be performed throughout the Conference.

Continuing Medical Education Credits

The Conference will award **24** Continuing Medical Education Credits (CME-CPD) that have been granted by the Panhellenic Medical Association, according to the criteria of EACCME-UEMS. The number of credits that will be awarded to each participant will be proportionate to the exact number of hours of attendance of the Conference works. It is also necessary to complete and submit to the secretariat the evaluation questionnaire that can be found in the bag of the Conference. The relevant certificates will be given to the interested persons after the end of the Conference. According to the criteria of EACCME-UEMS the Continuing Medical Education Credits are exclusively awarded to medical doctors.



General Information

Exhibition

In the premises of the Conference will operate an exposition of pharmaceutical and non pharmaceutical products, which will be open to all of the participants.

Additional Notes

It is remarked that, according to the circular of the Greek National Organization of Pharmaceuticals, in order to receive the certificate of attendance it is required to attend to at least 60% of the overall hours of the program. The recording of the attending time will be performed with a barcode scanner system. In order to receive the certificate it is also required to fill in and submit to the secretariat the evaluation questionnaire that can be found in the Conference bag.

Accommodation

In the context of the **Athens Medical Leadership & Innovation Conference**, please contact the secretariat of the Conference “The Mastermind Group” and Ms. Eirini Lazarou ilazarou@tmg.gr in order to ensure your accommodation and every tourist service you need.

Organization - Secretariat of the Conference



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Καθαρή θέση: **115,4 εκ. €**
αυξημένη κατά 21,4%

Ενεργητικό: **417,5 εκ. €**
αυξημένο κατά 7,7%

610.000 ασφαλιστήρια συμβόλαια

5400 Συνεργάτες

*Στοιχεία 31/12/2017

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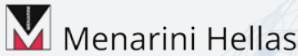
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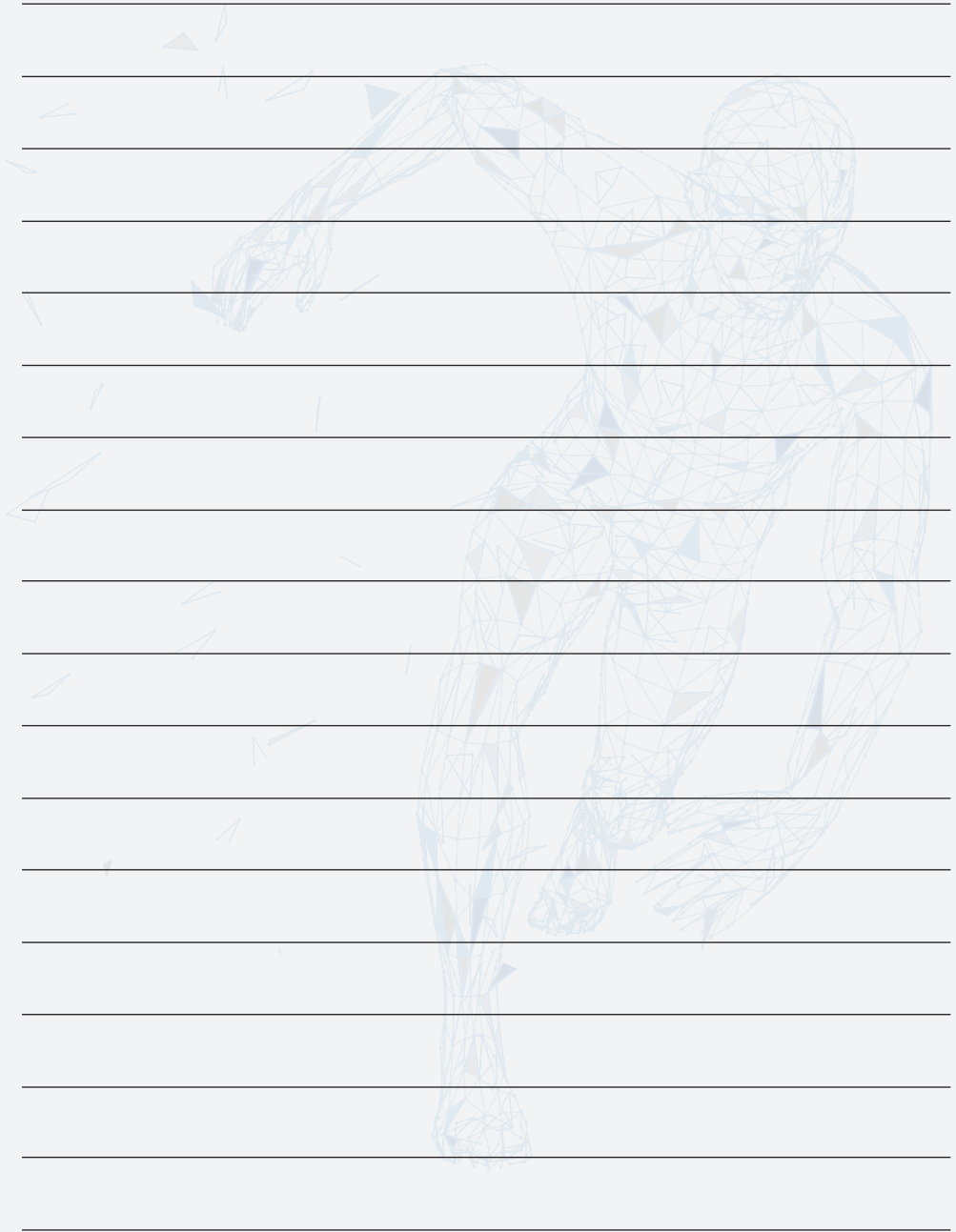


Notes





Notes

A large, light blue wireframe illustration of a human figure in a dynamic, athletic pose, possibly a runner or a person in motion. The figure is composed of numerous interconnected lines and small triangles, creating a mesh-like appearance. The figure is positioned in the center-right of the page, with its arms and legs extended. The background is a light blue gradient, and the figure is overlaid on a series of horizontal lines that serve as a guide for writing notes.

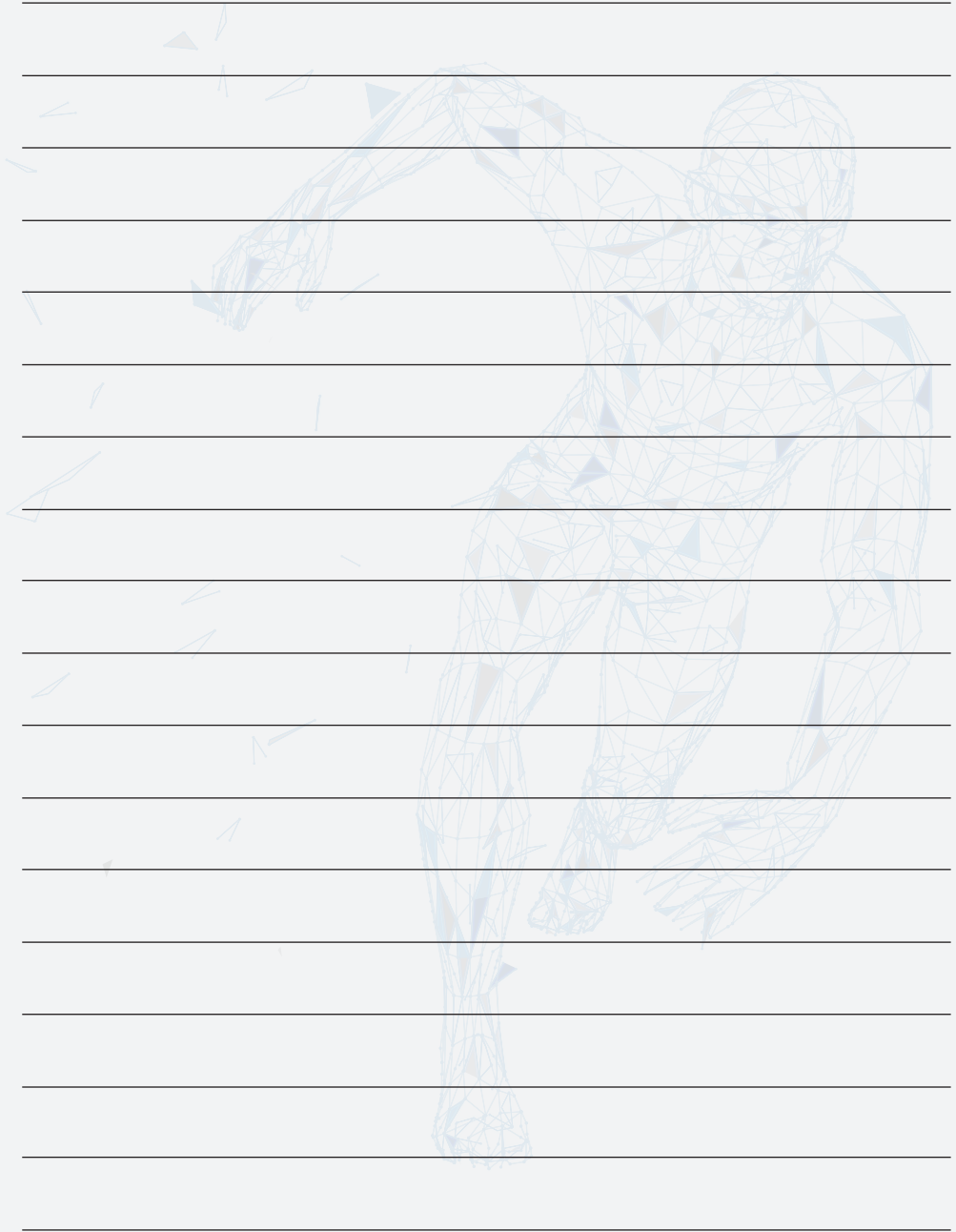


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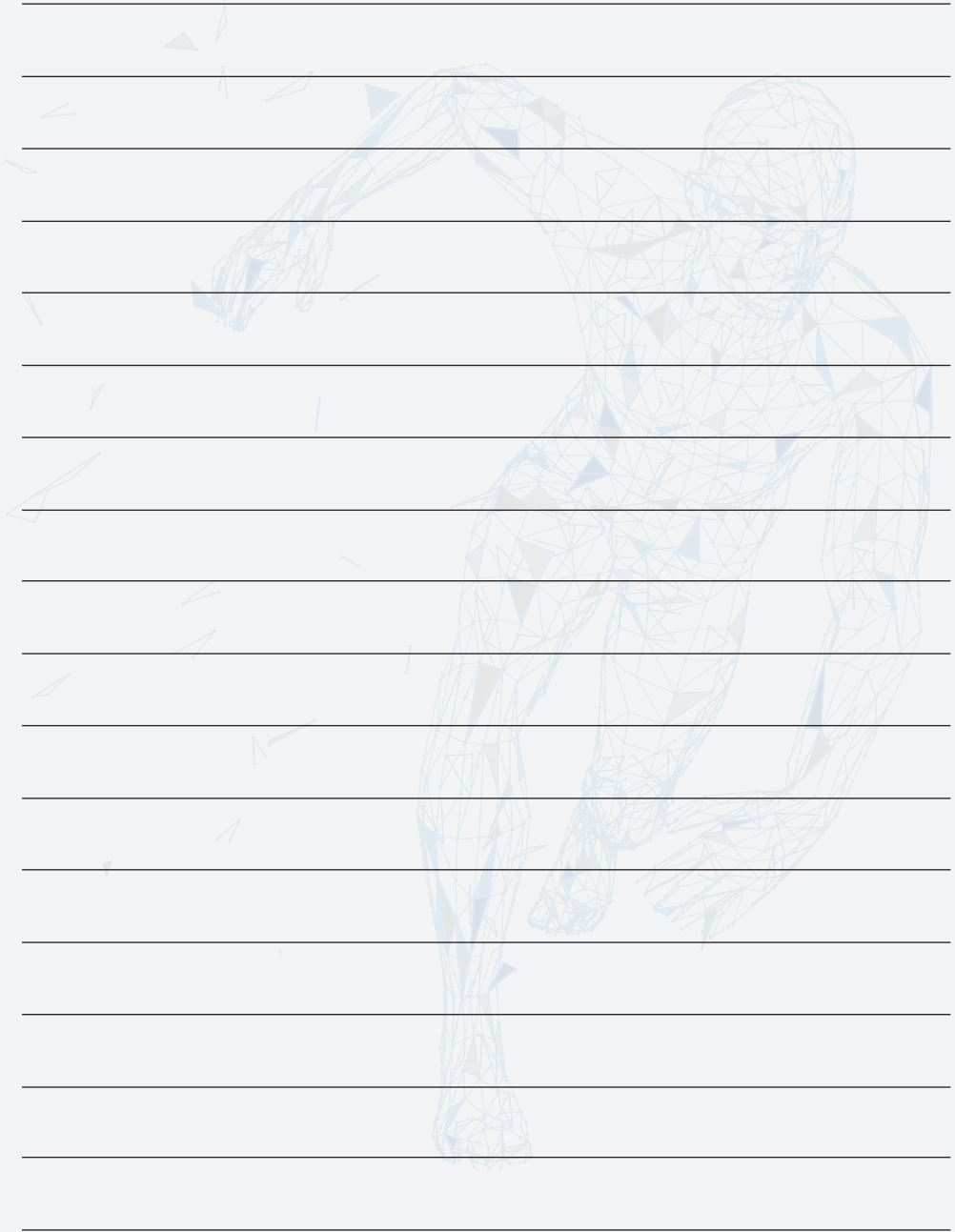


Notes





Notes



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Μαζί, με στόχο την υγεία.

Η **Alpha Bank** ξεκίνησε το 2014 το Πρόγραμμα "Μαζί, με στόχο την υγεία", το οποίο πραγματοποιείται σε συνεργασία με την Αστική Μη Κερδοσκοπική Εταιρεία "**ΑΓΟΝΗ ΓΡΑΜΜΗ ΓΟΝΙΜΗ**".

Σκοπός του Προγράμματος είναι να συμβάλει στην αναβάθμιση των υπηρεσιών υγείας στα ελληνικά νησιά, καλύπτοντας ιατροφαρμακευτικές ανάγκες στα περιφερειακά ιατρεία και ενισχύοντας το αίσθημα ασφάλειας στους κατοίκους των νησιών.

Το Πρόγραμμα έχει ήδη πραγματοποιηθεί στα ακόλουθα νησιά:

2014: Κάσος, Λειψοί, Νίσυρος, Τήλος.

2015: Αστυπάλαια, Κάλυμνος, Κάρπαθος, Κως, Λέρος, Πάτμος, Σύμη, Χάλκη.

2016: Άνδρος, Θάσος, Ικαρία, Κύθνος, Σάμος, Τήνος, Φολέγανδρος, Φούρνοι.

2017: Αμοργός, Ανάφη, Ίος, Κέα, Λέσβος, Μήλος, Νάξος, Σέριφος, Σίφνος, Σκιάθος, Σύρος, Σχοινούσα.

εμείς



η υγεία

“Πιστεύουμε ότι η πρώτη μας ευθύνη είναι προς τους γιατρούς, το νοσηλευτικό προσωπικό και τους ασθενείς, τις μητέρες, τους πατέρες και όσους άλλους χρησιμοποιούν τα προϊόντα και τις υπηρεσίες μας. Για να ανταποκρινόμαστε στις ανάγκες τους, οτιδήποτε κάνουμε πρέπει να είναι υψηλής ποιότητας”

(Απόσπασμα από το «Πιστεύω μας» του Robert Wood Johnson, 1943).

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