

# The 7<sup>th</sup> International Symposium on Cardiovascular Disease and Renal Dysfunction 2015

**Saturday**

**January 17, 2015**

Eugenides Foundation,  
Athens, Greece

## Workshop

How to protect  
your diabetic patient  
from cardiovascular  
and renal complications

**Friday**

**January 16, 2015**

## Program



**Organized by:**

Hellenic Society  
of Hypertension



**Under the auspices of:**

University of Athens, Medical School,  
Athens, Greece



**In collaboration with:**

1<sup>st</sup> Department of Cardiology,  
Athens University Medical School,  
"Hippokraton" Hospital,  
Athens, Greece



Hellenic Cardiological Society,  
Athens, Greece

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The 7<sup>th</sup> International Symposium on

# Cardiovascular Disease and Renal Dysfunction 2015

Dear Colleagues,

I cordially welcome you to the 7<sup>th</sup> International Symposium on “**Cardiovascular Disease and Renal Dysfunction 2015**”, which is held in Athens, at the Eugenides Foundation, on January 16-17, 2015.

The Symposium “Cardiovascular Disease and Renal Dysfunction 2015” is an effort to enhance the interchange of emerging new information on pathophysiological and clinical interrelationships between kidneys, the heart and the vasculature.

During the Symposium we will have the opportunity to attend Sessions with the participation of world experts, who are pioneers in the field of cardiovascular research. Through Round Table discussions and Debates, the Symposium offers an outstanding Scientific Program, featuring both state-of-the-art knowledge and innovative approaches of the patient with renal impairment and cardiovascular disease.

We anticipate that this Symposium will be valuable in terms of both everyday clinical practice and advanced research.

We look forward to providing you with the famous Greek hospitality, in what promises to be an exciting scientific event.

Sincerely,



**Dimitrios Tousoulis**

President of the Organizing Committee

Professor of Cardiology

Director, 1<sup>st</sup> Department of Cardiology

Athens University Medical School

“Hippokration” Hospital, Athens, Greece



## Organizing Committee

**Symposium Chairman:** **Dimitrios Tousoulis**  
Professor of Cardiology, Director of the 1<sup>st</sup> Department  
of Cardiology, Athens University Medical School,  
"Hippokration" Hospital, Athens, Greece

**Symposium Co-Chairman:** **Konstantinos Tsioufis**  
Associate Professor of Cardiology,  
1<sup>st</sup> Department of Cardiology,  
Athens University Medical School,  
"Hippokration" Hospital, Athens, Greece  
Elected President of H.C.S.

## International Invited Faculty

**George Bakris** Professor of Medicine, University of Chicago Hospitals,  
Director of Hypertension Diseases Unit, Chicago IL, USA

**John B. Kostis, M.D.** Professor of Medicine and Pharmacology,  
Associate Dean for Cardiovascular Research,  
Director, Cardiovascular Institute,  
Rutgers Robert Wood Johnson Medical School,  
New Jersey, USA

**Vasilios Papademetriou** Professor of Medicine, Georgetown University,  
Washington DC, USA

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## Local Scientific Committee

Afentakis N.	Athens, Greece	Iliodromitis E.	Athens, Greece
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<b>Synetos A.</b>	Athens, Greece		

The 7<sup>th</sup> International Symposium on

# Cardiovascular Disease and Renal Dysfunction 2015

## General Information

### Scientific Secretariat

**1<sup>st</sup> Department of Cardiology, Athens University Medical School**

**"Hippokration" Hospital**

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### Organizing Secretariat

**THE MASTERMIND GROUP**

26, Marathonomahon Str., GR 151 24 Maroussi, Greece

Tel.: +30 210 68 27 405, Fax: +30 210 68 27 409

E-mail: mbriki@tmg.gr, Web-site: www.tmg.gr

### Symposium Date

**January 16-17, 2015**

### Symposium Venue

**Eugenides Foundation**

387, Syggrou Ave., GR 175 64 Athens, Greece

Tel.: +30 210 94 69 600, Fax: +30 210 94 17 372

### Registration

Registration to the Symposium is free.

### Official Language

The official languages of the Symposium are greek and english.

### Certificate of Attendance

All registered participants will receive a Certificate of Attendance from the Symposium Secretariat, after the end of the Scientific Program.

### Accreditation

The Symposium is accredited by the Greek Medical Association for **9 hours of External CME Credits**.

# Workshop

## *How to protect your diabetic patient from cardiovascular and renal complications*

**Friday, January 16, 2015**

16:00-16:15 **Registrations**

16:15-17:45 **Round Table 1: “Diabetes: The essentials in 2014”**

Chairmen: A. Melidonis, N. Tentolouris

*Glucose metabolism abnormalities: The right pathway to correct diagnosis*

**E. Chatziaggelaki**

*Metabolic syndrome, diabetes and increased cardiovascular risk:*

*Is it a continuum?*

**A. Thanopoulou**

*Modern view on the control of glucose in diabetic patients with cardiovascular disease: From lifestyle to drugs*

**A. Raptis**

*Treatment with insulin: what the cardiologist should know*

**I. Ioannidis**

*Comments-discussion: D. Syrseloudis, G. Siasos, M. Noutsou, G. Lazaros*

17:45-19:15 **Round Table 2: “A diabetic patient with hypertension and associated comorbidities”**

Chairmen: T. Makris, N. Zakopoulos

*Special issues in blood pressure measurement*

**E. Manios**

*The blood pressure lowering goals in hypertension and the drugs of choice*

**K. Dimitriadis**

*Management of dyslipidemia*

**L. Rallidis**

*Obesity and bariatric surgery: has any beneficial effect on Hypertension and Diabetes Mellitus*

**T. Psaltopoulou**

*Azilsartan: a novel AT1 antagonist*

**K. Tsioufis**

*Comments-discussion: A. Pitaras, E. Triantaflidi, I. Skoumas, K. Albanopoulos*



# Workshop

## *How to protect your diabetic patient from cardiovascular and renal complications*

19:15-19:45

### **Satellite Lecture SANOFI**

Chairman: K. Tsioufis

*Insulin treatment and cardiovascular risk: lessons from the ORIGIN trial*  
A. Melidonis

19:45-20:15

### **Satellite Lecture BAYER**

Chairman: D. Tousoulis

*Management of rivaroxaban in patients with atrial fibrillation*  
K. Tsioufis

## Saturday, January 17, 2015

### 08:30-08:45 **Welcome address**

Chairman of the Symposium: D. Tousoulis  
Co-Chairman of the Symposium: K. Tsioufis

### 08:45-10:00 **Round Table 1: "The clinical meaning of specific tests for the cardiologist and the nephrologist"**

Chairmen: D. Alexopoulos, C. Pitsavos

*Urine sample testing*  
D. Goumenos

*Renal ultrasonography*  
A. Koureas

*GFR Cystatin or novel Renal biomarkers*  
P. Pasadakis

*Renal biopsy*  
I. Stefanidis

*Comments-discussion:* E. Redoukas, A. Kitsiou, S. Kakouros, I. Kopelias

### 10:00-10:30 **Lecture**

Chairman: I. Kallikazaros

*Management of Heart Failure with Chronic Kidney Disease*  
G. Filippatos

### 10:30-10:45 **Intermission-Coffee break**

# The 7<sup>th</sup> International Symposium on Cardiovascular Disease and Renal Dysfunction 2015

10:45-12:00

## **Special Session I: "The Hellenic cardio-renal community meets the experts"**

Coordinators: D. Tousoulis, P. Toutouzas, K. Tsioufis

*How do Blood Pressure guidelines for Kidney Disease differ from General Hypertension Management*

**G. Bakris**

*Renal Denervation: how to move forward*

**V. Papademetriou**

*JNC 8. Key messages*

**J. Kostis**

*Panellists: G. Stergiou, A. Manolis*

12:00-12:30

## **Lecture**

Chairman: **C. Stefanadis**

*Acute Kidney Injury and Chronic Kidney Disease: Cardiovascular risk*

**I. Bolletis**

**12:30-13:45 Round Table 2: "How to treat comorbidities in a patient with cardiac/renal disease"**

Chairmen: I. Lekakis, A. Spanos

Anemia  
J. Parisis

Collagen diseases  
D. Vassilopoulos

Chronic Obstructive Pulmonary Disease  
S. Loukidis

Renal artery stenosis  
K. Tsioufis

Comments-discussion: C. Stratos, I. Oikonomidis, C. Aggeli,  
A. Androulakis

**13:45-14:15 Satellite Lecture BOEHRINGER INGELHEIM**

Chairman: K. Tsioufis

Changing the data in anticoagulant treatment: 5 years from the RELY  
P. Dilaveris

**14:15-14:45 Light Lunch**

**14:45-15:45 Round Table 3: "Salt and cardiorenal disease"**

Chairmen: S. Fousas, A. Trikas

Salt: how low is not too low  
D. Vlachakos

Salt sensitivity. Estimation and clinical significance  
P. Sarafidis

Sympathetic Nervous System and sodium handling. Therapeutic applications  
M. Doumas

Comments-discussion: C. Grassos, N. Afentakis, D. Papadopoulos



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15:45-17:00

**Round Table 4: "The Haemodialysis patient from the cardiological perspective"**

Chairmen: A. Karabinis, Ant. Manolis

*Drugs: what to pay attention to*

I. Mourouzis

*Percutaneous interventions in haemodialysis patients*

K. Toutouzas

*Infections*

E. Sabatakou

*Protecting your A-V fistula*

K. Filis

*Comments-discussion:* G. Konstantelos, L. Poulimenos, I. Skiadas,  
G. Latsios

17:00-17:15

**Intermission-Coffee break**

17:15-18:30

**Round Table 5: "Hot issues in cardiorenal patients"**

Chairmen: E. Iliodromitis, C. Olympios

*How to manage hyponatremia*

G. Giamouzis

*Hyperfiltration: risks and benefits*

D. Petras

*Why CPAP for sleep apnea syndrome*

C. Thomopoulos

*Peripheral vascular disease*

C. Vlachopoulos

*Comments-discussion:* C. Chrysohoou, M. Sonikian,  
K. Stamatelopoulou, D. Roussos



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**Saturday 17,  
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18:30-20:00

## **Special Session II: "Key Messages on the management of a patient with kidney dysfunction and..."**

Coordinators: G. Bobotis, V. Pyrgakis, E. Tsiamis

*...sudden cardiac death*

**S. Deftereos**

*...atrial fibrillation*

**I. Goudevenos**

*...acute coronary syndrome*

**P. Davlourous**

*...valvular disease*

**E. Vavouranakis**

*Diabetes mellitus with coronary artery disease needing revascularization*

**A. Mavrogiani**

*Panellists: D. Tsiachris, K. Gatzoulis, S. Patsilinakos, G. Ikononopoulos, A. Synetos*

20:00-20:30

## **Satellite Lecture CHIESI HELLAS**

Chairman: K. Tsioufis

*The place of Manidipine in the cardiorenal syndrome*

**D. Vlachakos**

## **Closure**

**D. Tousoulis, K. Tsioufis**