# The 7<sup>th</sup> International Symposium on Cardiovascular Disease and Renal Dysfunction 2015

Saturday
January 17, 2015
Eugenides Foundation,

Athens, Greece

### Workshop

How to protect your diabetic patient from cardiovascular and renal complications

Friday January 16, 2015

Program

#### Organized by:



w.ypertash.gr

Hellenic Society of Hypertension



#### Under the auspices of:

University of Athens, Medical School, Athens, Greece

#### In collaboration with:



1<sup>st</sup> Department of Cardiology, Athens University Medical School, "Hippokration" Hospital, Athens, Greece



Hellenic Cardiological Society, Athens. Greece







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Λιανικές Τιμές: BT 20 F.C.T x 2,5mg: 29.50€. BT 60 F.C.T x 2,5mg: 88.35€. BT 60 F.C.T x 5mg: 85.78€.

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#### The 7th International Symposium on

# Cardiovascular Disease and Renal Dysfunction 2015

Dear Colleagues,

cordially welcome you to the 7<sup>th</sup> International Symposium on "Cardiovascular Disease and Renal Dysfunction 2015", which is held in Athens, at the Eugenides Foundation, on January 16-17, 2015.

The Symposium "Cardiovascular Disease and Renal Dysfunction 2015" is an effort to enhance the interchange of emerging new information on pathophysiological and clinical interrelationships between kidneys, the heart and the vasculature.

During the Symposium we will have the opportunity to attend Sessions with the participation of world experts, who are pioneers in the field of cardiovascular research. Through Round Table discussions and Debates, the Symposium offers an outstanding Scientific Program, featuring both state-of-the-art knowledge and innovative approaches of the patient with renal impairment and cardiovascular disease.

We anticipate that this Symposium will be valuable in terms of both everyday clinical practice and advanced research.

We look forward to providing you with the famous Greek hospitality, in what promises to be an exciting scientific event.

Sincerely,

**Dimitrios Tousoulis** 

Rucks

President of the Organizing Committee Professor of Cardiology Director, 1<sup>st</sup> Department of Cardiology Athens University Medical School "Hippokration" Hospital, Athens, Greece













#### **Organizing Committee**

Symposium Chairman: **Dimitrios Tousoulis** 

> Professor of Cardiology, Director of the 1st Department of Cardiology, Athens University Medical School,

"Hippokration" Hospital, Athens, Greece

Symposium Co-Chairman: Konstantinos Tsioufis

Associate Professor of Cardiology, 1<sup>st</sup> Department of Cardiology, Athens University Medical School, "Hippokration" Hospital, Athens, Greece

Elected President of H.C.S.

#### **International Invited Faculty**

**George Bakris** Professor of Medicine, University of Chicago Hospitals,

Director of Hypertension Diseases Unit, Chicago IL, USA

John B. Kostis, M.D. Professor of Medicine and Pharmacology,

Associate Dean for Cardiovascular Research,

Director, Cardiovascular Institute,

Rutgers Robert Wood Johnson Medical School,

New Jersey, USA

**Vasilios Papademetriou** Professor of Medicine, Georgetown University,

Washington DC, USA

#### **Local Scientific Committee**

Afentakis N.	Athens, Greece	Iliodromitis E.	Athens, Greece
Aggeli K.	Athens, Greece	loannidis J.	Athens, Greece
Albanopoulos K.	Athens, Greece	Kakouros S.	Athens, Greece
Alexopoulos D.	Patras, Greece	Kallikazaros J.	Athens, Greece
Androulakis A.	Athens, Greece	Karabinis A.	Athens, Greece
Bobotis G.	Thessaloniki, Greece	Kitsiou A.	Athens, Greece
Boletis J.	Athens, Greece	Konstantellos G.	Athens, Greece
Chatziaggelaki E.	Athens, Greece	Kopelias J.	Athens, Greece
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Dimitriadis K.	Athens, Greece	Loukidis S.	Athens, Greece
Doumas M.	Thessaloniki, Greece	Makris Th.	Athens, Greece
Filippatos G.	Athens, Greece	Manios E.	Athens, Greece
Filis K.	Athens, Greece	Manolis Ath.	Athens, Greece
Foussas S.	Athens, Greece	Manolis Ant.	Athens, Greece
Gatzoulis K.	Athens, Greece	Mavrogianni AD.	Thessaloniki, Greece
Giamouzis G.	Larissa, Greece	Melidonis A.	Athens, Greece
Goudevenos J.	Ioannina, Greece	Mourouzis I.	Athens, Greece
Goumenos D.	Patras, Greece	Noutsou M.	Athens, Greece
Grassos C.	Athens, Greece	Olympios C.	Athens, Greece
Ikonomidis I.	Athens, Greece	Papadopoulos D.	Athens, Greece
Ikonomopoulos G	. Athens, Greece	Parissis J.	Athens, Greece







Saturday 17, January 2015 Eugenides Foundation,

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#### In collaboration with:

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Hellenic Cardiological Society, Athens, Greece

Passadakis P. Alexandroupolis, Greece Patsilinakos S. Athens, Greece Petras D. Athens, Greece Pitsavos C. Athens, Greece Athens, Greece Pittaras A. Poulimenos L. Athens, Greece Psaltopoulou Th. Athens, Greece Pyrgakis V. Athens, Greece Rallidis L. Athens, Greece Raptis Ath. Athens, Greece Rentoukas I. Athens, Greece Roussos D. Argos, Greece Sampatakou E. Athens, Greece Sarafidis P. Thessaloniki, Greece Siasos G. Athens, Greece Skiadas I. Athens, Greece Skoumas J. Athens, Greece Sonikian M. Athens, Greece Spanos A. Athens, Greece Stamatelopoulos K. Athens, Greece Stefanadis C. Athens, Greece Stefanidis J. Larissa, Greece Stergiou G. Athens, Greece Athens, Greece Stratos K. Synetos A. Athens, Greece

Syrseloudis D. Athens, Greece Tentolouris N. Athens, Greece Thanopoulou A. Athens, Greece Thomopoulos K. Athens, Greece Tousoulis D. Athens, Greece Toutouzas K. Athens, Greece Toutouzas P. Athens, Greece Triantafillidi E. Athens, Greece Trikas A. Athens, Greece Tsiachris D. Athens, Greece Tsiamis F. Athens, Greece Tsioufis K. Athens, Greece Vassilopoulos D. Athens, Greece Vavouranakis E. Athens, Greece Vlachopoulos C. Athens, Greece Vlahakos D. Athens, Greece Athens, Greece Zakopoulos N.

#### **General Information**

#### **Scientific Secretariat**

### 1st Department of Cardiology, Athens University Medical School "Hippokration" Hospital

114, Vas. Sofias Ave., GR 115 27 Athens, Greece Tel.: +30 213 20 88 099, Fax: +30 213 20 88 676

E-mail: ktsioufis@hippocratio.gr, Web-site: www.ypertash.gr

#### **Organizing Secretariat**

#### THE MASTERMIND GROUP

26, Marathonomahon Str., GR 151 24 Maroussi, Greece Tel.: +30 210 68 27 405, Fax: +30 210 68 27 409 E-mail: mbriki@tmg.gr, Web-site: www.tmg.gr

#### **Symposium Date**

January 16-17, 2015

#### **Symposium Venue**

#### **Eugenides Foundation**

387, Syggrou Ave., GR 175 64 Athens, Greece Tel.: +30 210 94 69 600, Fax: +30 210 94 17 372

#### Registration

Registration to the Symposium is free.

#### Official Language

The official languages of the Symposium are greek and english.

#### **Certificate of Attendance**

All registered participants will receive a Certificate of Attendance from the Symposium Secretariat, after the end of the Scientific Program.

#### Accreditation

The Symposium is accredited by the Greek Medical Association for **9 hours of External CME Credits**.

### Workshop

### How to protect your diabetic patient from cardiovascular and renal complications

	Friday, January 16, 2015
16:00-16:15	Registrations
16:15-17:45	Round Table 1: "Diabetes: The essentials in 2014"  Chairmen: A. Melidonis, N. Tentolouris
	Glucose metabolism abnormalities: The right pathway to correct diagnosis <b>E. Chatziaggelaki</b>
	Metabolic syndrome, diabetes and increased cardiovascular risk: Is it a continuum?  A. Thanopoulou
	Modern view on the control of glucose in diabetic patients with cardiovascular disease: From lifestyle to drugs <b>A. Raptis</b>
	Treatment with insulin: what the cardiologist should know  I. loannidis
	Comments-discussion: D. Syrseloudis, G. Siasos, M. Noutsou, G. Lazaros
17:45-19:15	Round Table 2: "A diabetic patient with hypertension and associated comorbidities"  Chairmen: T. Makris, N. Zakopoulos
	Special issues in blood pressure measurement  E. Manios
	The blood pressure lowering goals in hypertension and the drugs of choice <b>K. Dimitriadis</b>
	Management of dyslipidemia  L. Rallidis
	Obesity and bariatric surgery: has any beneficial effect on Hypertension and Diabetes Mellitus  T. Psaltopoulou
	Azilsartan: a novel AT1 antagonist K. Tsioufis
	Comments-discussion: A. Pitaras, E. Triantafilidi, I. Skoumas, K. Albanopoulos

### Workshop

### How to protect your diabetic patient from cardiovascular and renal complications

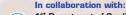
19:15-19:45	Satellite Lecture SANOFI Chairman: K. Tsioufis	
	Insulin treatment and cardiovascular risk: lessons from the ORIGIN trial <b>A. Melidonis</b>	
19:45-20:15	Satellite Lecture BAYER Chairman: D. Tousoulis	
	Management of rivaroxaban in patients with atrial fibrilation K. Tsioufis	







Saturday 17, January 2015 Eugenides Foundation, Athens, Greece



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#### Saturday, January 17, 2015

08:30-08:45 Welcome address

Chairman of the Symposium: **D. Tousoulis**Co-Chairman of the Symposium: **K. Tsioufis** 

08.45-10:00 Round Table 1: "The clinical meaning of specific tests for the

cardiologist and the nephrologist"

Chairmen: D. Alexopoulos, C. Pitsavos

Urine sample testing

D. Goumenos

Renal ultrasonography

A. Koureas

GFR Cystatin or novel Renal biomarkers

P. Pasadakis

Renal biopsy

I. Stefanidis

Comments-discussion: E. Redoukas, A. Kitsiou, S. Kakouros, I. Kopelias

10:00-10:30 **Lecture** 

Chairman: I. Kallikazaros

Management of Heart Failure with Chronic Kidney Disease

G. Filippatos

10:30-10:45 Intermission-Coffee break



10:45-12:00 Special Session I: "The Hellenic cardio-renal community meets the experts"

Coordinators: D. Tousoulis, P. Toutouzas, K. Tsioufis

How do Blood Pressure guidelines for Kidney Disease differ from General Hypertension Management

G. Bakris

Renal Denervation: how to move forward

V. Papademetriou

JNC 8. Key messages

J. Kostis

Panellists: G. Stergiou, A. Manolis

12:00-12:30 **Lecture** 

Chairman: C. Stefanadis

Acute Kidney Injury and Chronic Kidney Disease: Cardiovascular risk

I. Bolletis





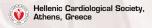


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#### Round Table 2: "How to treat comorbidities in a patient with 12:30-13:45 cardiac/renal disease"

Chairmen: I. Lekakis, A. Spanos

Anemia

J. Parisis

Collagen diseases

**D.Vassilopoulos** 

Chronic Obstructive Pulmonary Disease

S. Loukidis

Renal artery stenosis

K. Tsioufis

Comments-discussion: C. Stratos, I. Oikonomidis, C. Aggeli,

A. Androulakis

#### 13:45-14:15 Satellite Lecture BOEHRINGER INGELHEIM

Chairman: K. Tsioufis

Changing the data in anticoagulant treatment: 5 years from the RELY

P. Dilaveris

#### 14:15-14:45 **Light Lunch**

#### Round Table 3: "Salt and cardiorenal disease" 14:45-15:45

Chairmen: S. Fousas, A. Trikas

Salt: how low is not too low

D. Vlachakos

Salt sensitivity. Estimation and clinical significance

P. Sarafidis

Sympathetic Nervous System and sodium handling. Therapeutic applications

M. Doumas

Comments-discussion: C. Grassos, N. Afentakis, D. Papadopoulos

### 15:45-17:00 Round Table 4: "The Haemodialysis patient from the cardiological perspective"

Chairmen: A. Karabinis, Ant. Manolis

Drugs: what to pay attention to

I. Mourouzis

Percutaneous interventions in haemodialysis patients

K. Toutouzas

Infections

E. Sabatakou

Protecting your A-V fistula

K. Filis

Comments-discussion: G. Konstantelos, L. Poulimenos, I. Skiadas,

G. Latsios

#### 17:00-17:15 Intermission-Coffee break

#### 17:15-18:30 Round Table 5: "Hot issues in cardiorenal patients"

Chairmen: E. Iliodromitis, C. Olympios

How to manage hyponatriemia

G. Giamouzis

Hyperfiltration: risks and benefits

D. Petras

Why CPAP for sleep apnea syndrome

C. Thomopoulos

Peripheral vascular disease

C. Vlachopoulos

Comments-discussion: C. Chrysohoou, M. Sonikian,

K. Stamatelopoulos, D. Roussos





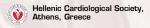


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#### **Special Session II:** "Key Messages on the management 18:30-20:00 of a patient with kidney dysfunction and..." Coordinators: G. Bobotis, V. Pyrgakis, E. Tsiamis ...sudden cardiac death S. Deftereos ...atrial fibrillation I. Goudevenos ...acute coronary syndrome P. Davlouros ...valvular disease E. Vavouranakis Diabetes mellitus with coronary artery disease needing revascularization A. Mavrogiani Panellists: D. Tsiachris, K. Gatzoulis, S. Patsilinakos, G. Ikonomopoulos, A. Synetos 20:00-20:30 Satellite Lecture CHIESI HELLAS Chairman: K. Tsioufis

The place of Manidipine in the cardiorenal syndrome

D. Vlachakos

#### Closure

D. Tousoulis, K. Tsioufis

