

8th International Symposium

Cardiovascular Disease and Renal Dysfunction 2016

Saturday

January 16, 2016

Eugenides Foundation,
Athens, Greece

Workshop

How to protect
your diabetic patient
from cardiovascular
and renal complications

Friday

January 15, 2016

Program

www.yperdash.gr

Organized by:



Institute of Cardiovascular
Research and Education "KARDIA"



Under the auspices of:

University of Athens, Medical School,
Athens, Greece

In collaboration with:



1st Department of Cardiology,
Athens University Medical School,
"Hippokraton" Hospital,
Athens, Greece



Hellenic Cardiological Society,
Athens, Greece

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Cardiovascular Disease and Renal Dysfunction 2016

Dear Colleagues,

I cordially welcome you to the 8th International Symposium on “**Cardiovascular Disease and Renal Dysfunction 2016**”, which is held in Athens, at the Eugenides Foundation, on January 15-16, 2016.

The Symposium “Cardiovascular Disease and Renal Dysfunction 2016” is an effort to enhance the interchange of emerging new information on pathophysiological and clinical interrelationships between kidneys, the heart and the vasculature.

During the Symposium we will have the opportunity to attend Sessions with the participation of world experts, who are pioneers in the field of cardiovascular research. Through Round Table discussions and Debates, the Symposium offers an outstanding Scientific Program, featuring both state-of-the-art knowledge and innovative approaches of the patient with renal impairment and cardiovascular disease.

We anticipate that this Symposium will be valuable in terms of both everyday clinical practice and advanced research.

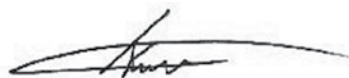
We look forward to providing you with the famous Greek hospitality, in what promises to be an exciting scientific event.

Sincerely,



Dimitrios Tousoulis

Chairman of the Organizing Committee
Professor of Cardiology
Director, 1st Department of Cardiology
Athens University Medical School
“Hippokration” Hospital, Athens, Greece



Konstantinos Tsioufis

Co-Chairman of the Organizing Committee
Associate Professor of Cardiology
1st Department of Cardiology
Athens University Medical School
“Hippokration” Hospital, Athens, Greece
Elected President of H.C.S.

Cardiovascular Disease and Renal Dysfunction 2016

Organizing Committee

- Symposium Chairman: Dimitrios Tousoulis**
Professor of Cardiology, Director of the 1st Department of Cardiology, Athens University Medical School, "Hippokration" Hospital, Athens, Greece
- Symposium Co-Chairman: Konstantinos Tsioufis**
Associate Professor of Cardiology, 1st Department of Cardiology, Athens University Medical School, "Hippokration" Hospital, Athens, Greece
Elected President of H.C.S.

International Invited Faculty

- George Bakris** Professor of Medicine, University of Chicago Hospitals, Director of Hypertension Diseases Unit, Chicago IL, USA
- John B. Kostis, M.D.** Professor of Medicine and Pharmacology, Associate Dean for Cardiovascular Research, Director, Cardiovascular Institute, Rutgers Robert Wood Johnson Medical School, New Jersey, USA
- Vasilios Papademetriou** Professor of Medicine, Georgetown University, Washington DC, USA
- Carmine Zoccali** Professor of Medicine, Scientific Coordinator, CNR-IFC (National Research Council of ITALY) Clinical Epidemiology and Pathophysiology of Renal Diseases and Hypertension, Reggio Cal. ITALY

Cardiovascular Disease and Renal Dysfunction 2016

Local Scientific Committee

Adamopoulos S.	Athens, Greece	Hatziagelaki E.	Athens, Greece
Afentakis N.	Athens, Greece	Ikonomidis I.	Athens, Greece
Aggeli K.	Athens, Greece	Iliodromitis E.	Athens, Greece
Alexanian J.	Athens, Greece	Ioannidis I.	Athens, Greece
Alexopoulos D.	Patras, Greece	Kakouros S.	Athens, Greece
Andrikopoulos G.	Athens, Greece	kallikazaros I.	Athens, Greece
Andrikou E.	Athens, Greece	Kaperonis N.	Athens, Greece
Apostolou Th.	Athens, Greece	Karabinis A.	Athens, Greece
Avgeropoulou A.	Athens, Greece	Karavidas A.	Athens, Greece
Bistola V.	Athens, Greece	Konstadellos G.	Athens, Greece
Boletis J.	Athens, Greece	Kyriazis J.	Athens, Greece
Boumpas D.	Athens, Greece	Latsios G.	Athens, Greece
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Chiras T.	Athens, Greece	Lekakis J.	Athens, Greece
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Davlouros P.	Patras, Greece	Makryllakis K.	Athens, Greece
Dimitriadis G.	Athens, Greece	Manolis Ant.	Athens, Greece
Dimitriadis K.	Athens, Greece	Manolis Ath.	Athens, Greece
Farmakis D.	Athens, Greece	Melidonis A.	Athens, Greece
Filippatos G.	Athens, Greece	Noutsou M.	Athens, Greece
Foussas S.	Athens, Greece	Olympios Ch.	Athens, Greece
Gatzoulis K.	Athens, Greece	Parissis J.	Athens, Greece
Giamouzis G.	Larissa, Greece	Passadakis P.	Alexandroupoli, Greece
Goumenos D.	Patras, Greece	Patsourakos N.	Athens, Greece
Gouziouta A.	Athens, Greece	Petras D.	Athens, Greece

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Poulimenos L.	Athens, Greece	Vlachopoulos Ch.	Athens, Greece
Rallidis L.	Athens, Greece	Vlahakos D.	Athens, Greece
Raptis A.	Athens, Greece	Zakopoulos N.	Athens, Greece
Redoukas I.	Athens, Greece		
Sarafidis P.	Thessaloniki, Greece		
Sideris S.	Athens, Greece		
Skoumas I.	Athens, Greece		
Sonikian M.	Athens, Greece		
Spanos A.	Athens, Greece		
Spargias K.	Athens, Greece		
Stefanadis Ch.	Athens, Greece		
Stergiou G.	Athens, Greece		
Synetos A.	Athens, Greece		
Tentolouris K.	Athens, Greece		
Tentolouris N.	Athens, Greece		
Thanopoulou A.	Athens, Greece		
Toumanidis S.	Athens, Greece		
Tousoulis D.	Athens, Greece		
Toutouzas K.	Athens, Greece		
Triadafillidi E.	Athens, Greece		
Trikas A.	Athens, Greece		
Tsapas A.	Thessaloniki, Greece		
Tsiachris D.	Athens, Greece		
Tsiamis E.	Athens, Greece		
Tsioufis K.	Athens, Greece		
Vassilopoulos D.	Athens, Greece		
Vavouranakis E.	Athens, Greece		

Cardiovascular Disease and Renal Dysfunction 2016

General Information

Scientific Secretariat

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Organizing Secretariat

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Symposium Date

January 15-16, 2016

Symposium Venue

Eugenides Foundation

387, Syggrou Ave., GR 175 64 Athens, Greece

Tel.: +30 210 94 69 600, Fax: +30 210 94 17 372

Registration

Registration to the Symposium is free.

Official Language

The official languages of the Symposium are greek and english.

Certificate of Attendance

All registered participants will receive a Certificate of Attendance from the Symposium Secretariat, after the end of the Scientific Program.

Accreditation

The Symposium is accredited by the Greek Medical Association for **8 hours of External CME Credits**.

Workshop

How to protect your diabetic patient from cardiovascular and renal complications

Friday, January 15, 2016

14.30

Registrations

15.00-16.15

Round Table 1: “Diabetes management in clinical practice”

Chairmen: G. Dimitriadis, A. Melidonis

Diagnostic algorithm of glucose metabolism abnormalities

A. Thanopoulou

When should a cardiologist refer a patient to a diabetologist

E. Hatziagelaki

How to treat a diabetic patient in the coronary unit

K. Makrylakis

How to treat a diabetic patient on haemodialysis

I. Ioannidis

Comments: E. Andrikou, M. Noutsou, G. Lazaros, N. Kaperonis

16.15-16.45

Satellite Lecture (ELPEN)

Cardiovascular Safety of oral antidiabetics. Alogliptin's EXAMINE CV safety outcomes

16.45-17.15

Satellite Lecture (ASTRAZENECA)

SGLT2 inhibition in clinical practice: experience with dapagliflozin

17.15-17.45

Intermission-Coffee break

17.45-19.00

Round Table 2: “Treating a diabetic patient with cardiac comorbidities”

Chairmen: T. Makris, N. Tentolouris

Selecting the most effective anti diabetic drugs

A. Tsapas

Selecting the safest anti diabetic drugs

A. Raptis

Selecting the most appropriate anti hypertensive drugs

K. Dimitriadis

Selecting the most appropriate antilipidemic drug

L. Rallidis

Comments: S. Bousboulas, I. Kyriazis, E. Triantafyllidi, I. Skoumas

Workshop

How to protect your diabetic patient from cardiovascular and renal complications

Friday, January 15, 2016

19.00-20.00 **Satellite Symposium (BOEHRINGER INGELHEIM)**

Therapeutic challenges in Diabetes Mellitus type 2: Current and newer perspectives in everyday clinical practice

20.00-20.30 **Satellite Lecture (BAYER & ELPEN)**

Clinical studies and daily clinical practice of newer oral anticoagulants: different or identical?

Cardiovascular Disease and Renal Dysfunction 2016

Saturday, January 16, 2016

08:30-08:45

Welcome address

D. Tousoulis, Chairman of the Symposium

K. Tsioufis, Co-Chairman of the Symposium

08.45-10:15

Round Table 1: "A heart failure patient with preserved ejection fraction"

Chairmen: D. Alexopoulos, S. Toumanidis

Same phenotype but different etiologies

V. Bistola

Imaging or BNP for the diagnosis/management

C. Chryschoou

Effects on the kidney

T. Chiras

What is on the horizon in the therapeutic area

D. Farmakis

Comments-Discussion: E. Rentoukas, K. Aggeli, N. Afendakis, S. Kakouros

10.15-11.00

Lectures

Chairmen: I. Boletis, I. Kallikazaros, D. Tousoulis

Managing a patient with acute heart failure and worsening renal function

G. Filippatos

Extrarenal dialysis for the management of end stage heart failure

D. Goumenos

11.00-11.20

Intermission-Coffee break

11.20-13.00

Special Session: "The Hellenic cardio-renal community meets the experts"

Coordinators: N. Zakopoulos, D. Tousoulis, C. Tsioufis

Changing the trajectory of chronic kidney disease progression:

What we know and what's coming

G. Bakris

The sympathetic system and chronic kidney disease progression

C. Zoccali

The SPRINT study: new targets for blood pressure control

V. Papademetriou

Questions after SPRINT: j-curves? Renal outcomes?

J. Kostis

Panelists: G. Stergiou, A. Manolis

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Saturday, January 16, 2016

13.00-13.30 **Satellite Lecture (NOVARTIS)**

ARNIs: The next step in the treatment of heart failure

13.30-14.45 **Round Table 2: “Managing an edematous patient with heart failure”**

Chairmen: S. Foussas, I. Lekakis

Focus on diuretic

I. Parisi

Focus on inotropes

G. Giamouzis

Focus on Hyponatremia

A. Karavidas

Focus on anemia

D. Vlachakos

Comments: A. Avgeropoulou, N. Patsourakos, G. Konstantelos, M. Sonikian

14.45-15.30 **Light Lunch**

15.30-16.50 **Round Table 3: “Heart, kidney and the other organs: from pathophysiology to therapeutic implications”**

Chairmen: D. Boumpas, Ch. Stefanadis

Stress induced myocardial pathies

I. Ikonomidis

Tachycardia induced myocardial pathy

G. Andrikopoulos

Systemic vasculitis

D. Vasillopoulos

Skin, immune system and sodium

P. Sarafidis

Comments: K. Tentolouris, I. Alexanian, Ch. Vlachopoulos, L. Poulimenos

16.50-17.15 **Lecture**

Chairman: A. Karabinis

Proteomics, proteins and common clinical biomarkers of renal dysfunction

P. Passadakis

17.15-17.40 **Intermission-Coffee break**

Cardiovascular Disease and Renal Dysfunction 2016

Saturday, January 16, 2016

17.40-19.00

Round Table 4: "Interventional Procedures for advanced heart failure stage: where do we stand? "

Chairmen: Ant. Manolis, A. Trikas

Cardiac resynchronization therapy (CRT)

K. Gatzoulis

Modulation of autonomic tone

K. Tsioufis

Left ventricular assist devices

S. Adamopoulos

Early or late haemodialysis

D. Petras

Comments: S. Sideris, D. Tsiachris, A. Gouziouta, Th. Apostolou

19.00-20.15

Round Table 5: "Optimal therapy for a cardiac patient with renal dysfunction and/or on haemodialysis in case of.... "

Chairmen: E. Iliodromitis, E. Tsiamis

Anticoagulant is needed

E. Vavouranakis

Antiplatelet is needed

P. Davlourous

Coronary revascularization is needed

K. Toutouzas

Severe mitral valve regurgitation

K. Spargias

Comments: G. Latsios, A. Synetos, A. Spanos, Ch. Olympios

20.15-20.45

Satellite Lecture (UNIPHARMA)

Personalize use of beta blockers in heart failure according to the individual patient's profile