



**INSTITUTE OF STUDY, RESEARCH AND TRAINING
FOR DIABETES MELLITUS
AND METABOLIC DISEASES**

Cambridge University Hospitals **NHS**
NHS Foundation Trust

Educational Seminars



**3rd EDUCATIONAL
SEMINAR**
for Dyslipidemia
& Diabetes

10-12 May

**Crowne Plaza Hotel
Athens**

Program

Introduction



The field of Prevention of Cardiovascular Diseases has been advancing in a dizzying pace, making it increasingly hard to follow all developments in the field, especially in matters of specialized training.

These four educational seminars on Prevention of Cardiovascular Diseases, organized by the Institute of Study, Research and Training for Diabetes Mellitus and Metabolic Diseases in collaboration with Cambridge University, are specially designed to cover all advancements in the field of Lipids, Hypertension, Diabetes Mellitus and Atherosclerosis.

The programme offers the unique opportunity to the Greek audience to attend seminars prepared and presented by both Greek and foreign scientists with extended research experience in their respected fields. The learning experience is further enhanced by utilizing the latest e-learning and live streaming technologies and combining them with face-to-face classroom interaction.

The seminars are available for general practitioners as well as specialized internists, diabetologists, cardiologists, family doctors, endocrinologists and doctors of other specialties which apply to the Prevention of Cardiovascular Disease and are aiming to offer a better understanding and provide insight in the latest developments of the pathophysiology diagnosis and treatment of cardiovascular risk factors.

We invite you to participate, actively and effectively, by attending the courses and the online educational material, so that this distribution of knowledge becomes a valuable learning experience for your and your colleagues.

Dr Stayros Pappas

Pathologist - Diabetologist,
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3rd Pathology Clinic and Diabetology
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Director of Postgraduate Education
Academic Health Sciences Centre,
Cambridge University Health Partners

Educational Seminars on Diabetes Program

FRIDAY  **10th MAY 2013**

Chairman: **S. Pappas**

- 15.00-15.30** Diabetes mellitus - Classification - Epidemiology of diabetes and its complications: **S. Bousboulas**
- 15.30 -16.00** Prediabetes, role of obesity: prevention, diet and/or medication, bariatric surgery: **A. Alaveras**
- 16.00-16.45** Bariatric surgery in obese diabetic patients: benefits and risks: **A. Alaveras**
- 16.45-17.15** **Coffee Break**
- 17.15-18.00** From 1993 - 1998 to 2013
Hyperglycemia and diabetic complications. Does achievement of glycemic targets reduce diabetic complications?: **S. Pappas**
- 18.00-19.00** What did we learn from large clinical trials on micro - and macrovascular diabetic complications; **S. Pappas**
- 19.00-19.45** Therapeutic targets - personalized, multifactorial approach based on EBM criteria: **S. Bousboulas**
- 19.45-20.45** Clinical Cases: **S. Pappas, S. Bousboulas, A. Alaveras**
- 20.45-21.45** **Light Dinner**

SATURDAY  **11th MAY 2013**

Chairman: **A. Alaveras**

- 09.00-10.15** Pathophysiology of type 2 diabetes mellitus: insulin resistance - β -cell failure - disorders of incretins
- Diagnosis and classification of DM: **S. Robinson**
- 10.15-11.45** Diagnosis of Gestational diabetes
- Gestational diabetes or pregnancy at patient with pre - existing diabetes: **S. Robinson**
- 11.45-12.15** **Coffee Break**
- 12.15-13.00** Cancer and diabetes mellitus: is antidiabetic treatment or diabetes itself responsible for the relationship?How does that affect our choices?: **S. Robinson**
- 13.00-14.00** Macroangiopathy: Diabetes and cardiovascular disease (heart attack - peripheral artery disease: **A. Alaveras**
- 14.00-15.00** **Light Lunch**
- 15.00-15.30** Diabetic neuropathy (peripheral and autonomic): **N. Tentolouris**
- 15.30-16.00** Diabetic foot: Prevention and treatment: **N. Tentolouris**
- 16.00-17.00** Clinical Cases: **A. Alaveras, N. Tentolouris**
- 17.00-17.30** A. Microangiopathy
- Diabetic retinopathy: **K. Petrou**

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17.30-18.00	Clinical Cases: A. Alaveras, K. Petrou
18.00-18.30	Coffee Break
18.30-19.30	Diabetes and kidneys <ul style="list-style-type: none">- Microalbuminuria- Diabetic nephropathy- Diabetes and chronic renal disease: A. Alaveras
19.30-20.30	Clinical Cases: A. Alaveras
20.30-21.30	Light Dinner

SUNDAY 12th MAY 2013

Chairman: **A. Alaveras**

09.00-10.15	Treatment of diabetes in special populations <ul style="list-style-type: none">- Elderly patients- Patients with cardiovascular disease: S. Robinson
10.15-11.00	Risk factors of cardiovascular disease and DMT2 <ul style="list-style-type: none">- Hypertension treatment: S. Robinson
11.00-11.45	Dyslipidemia treatment: S. Pappas
11.45-12.30	Treatment of diabetes in special populations <ul style="list-style-type: none">- Patients with chronic renal disease- Patients from ethnic minorities: S.Pappas
12.30-13.15	Emergency conditions in diabetes mellitus: <ul style="list-style-type: none">- Diabetic comas- Antidiabetic treatment in hospitalized patients: S.Pappas
13.15-14.15	Light Lunch
14.15-15.45	Clinical Cases: S. Pappas, A. Alaveras



Next Event
NEW DATE
Athens, 14th - 16th June

Organization
- Secretariat

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Organizing your success

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