

# Educational Seminars on Diabetes

# 2011

## 1<sup>st</sup> Educational Seminar

18 - 19

November  
2011

Divani Caravel  
Hotel  
Athens

# Program



# Introduction

The field of Prevention of Cardiovascular Diseases has been advancing in a dizzying pace, making it increasingly hard to follow all developments in the field, especially in matters of specialized training.

These four educational seminars on Prevention of Cardiovascular Diseases, organized by the Institute of Study, Research and Training for Diabetes Mellitus and Metabolic Diseases in collaboration with Cambridge University, are specially designed to cover all advancements in the field of Lipids, Hypertension, Diabetes Mellitus and Atherosclerosis.

The programme offers the unique opportunity to the Greek audience to attend seminars prepared and presented by both Greek and foreign scientists with extended research experience in their respected fields. The learning experience is further enhanced by utilizing the latest e-learning and live streaming technologies and combining them with face-to-face classroom interaction.

The seminars are available for general practitioners as well as specialized internists, diabetologists, cardiologists, family doctors, endocrinologists and doctors of other specialties which apply to the Prevention of Cardiovascular Disease and are aiming to offer a better understanding and provide insight in the latest developments of the pathophysiology diagnosis and treatment of cardiovascular risk factors.

We invite you to participate, actively and effectively, by attending the courses and the online educational material, so that this distribution of knowledge becomes a valuable learning experience for your and your colleagues.

## **Dr Stayros Pappas**

Pathologist - Diabetologist,  
Director,  
3<sup>rd</sup> Pathology Clinic and Diabetology  
Centre,  
General Hospital Nikaïas  
“Agios Panteleimon”  
President of Institute of Study,  
Research and Training  
for Diabetes Mellitus and Metabolic  
Diseases

## **Moses Elisaf, MD, RSPH**

Professor of Internal Medicine  
of the University of Ioannina  
Director of 2<sup>nd</sup> Internal Medicine  
Clinic of the University Hospital  
of Ioannina  
Medical School  
University of Ioannina  
Ioannina - Greece

## **Dr Arun K. Gupta, MBBS, MA, PhD, FFICM, FRCA, FHEA**

Director of Postgraduate Education  
Academic Health Sciences Centre,  
Cambridge University Health Partners



# Educational Seminars on Diabetes

## 1<sup>st</sup> Educational Seminar Program

### Friday 18<sup>th</sup> November 2011

17.00-19.00

Pathophysiology of lipid disorders

**M. Elisaf**

19.00-19.30

*Coffee Break*

19.30-20.45

Pathophysiology of atherosclerosis: The role of lipids

**S. Pappas**

20.45-22.00

Diagnosis of dyslipidemia/secondary dyslipidemias

**M. Elisaf**

22.00

*Dinner*

18-19  
November 2011

Divani Caravel Hotel  
Athens

## Saturday 19<sup>th</sup> November 2011

09.00-10.30

Non pharmacological treatment of dyslipidemia

**A. Alaveras**

10.30-12.30

Primary target of lipid lowering therapy: The reduction of LDL CHOL

**S. Pappas**

12.30-13.00

*Coffee Break*

13.00-14.00

Non HDL CHOL and ApoB as potential targets of lipid lowering therapy

**A. Alaveras**

14.00-15.00

Safety of statins: Clinical considerations

**M. Elisaf**

15.00-16.30

*Light Lunch*

16.30-18.00

Beyond statins: Other LDL cholesterol lowering drugs (colesevelam and ezetimibe)

**M. Elisaf**

18.00-20.00

Diagnosis and treatment of dyslipidemia: Clinical cases

**M. Elisaf - S. Pappas**

20.00-20.30

*Coffee Break*

20.30-22.00

Clinical cases

**M. Elisaf - S. Pappas**



## Next Events

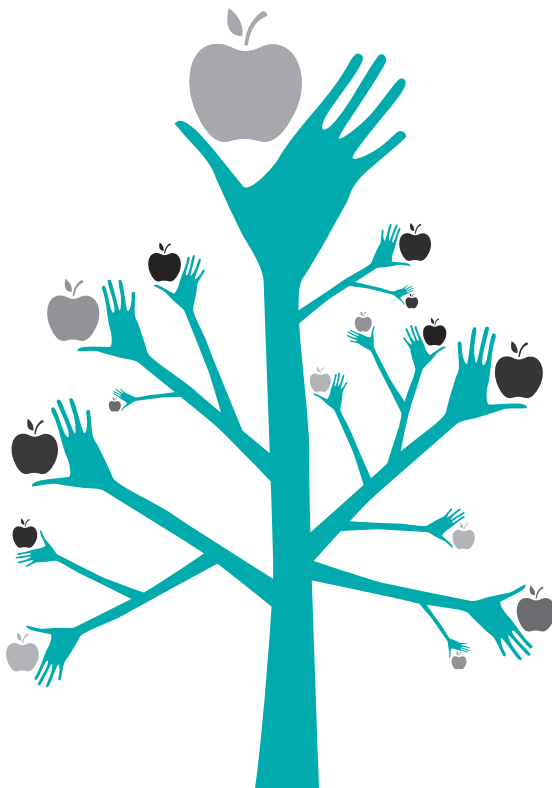
- |                                      |          |      |
|--------------------------------------|----------|------|
| • 9 <sup>th</sup> -11 <sup>th</sup>  | December | 2011 |
| • 13 <sup>th</sup> -15 <sup>th</sup> | January  | 2012 |
| • 3 <sup>rd</sup> -5 <sup>th</sup>   | February | 2012 |

### Organisation - Secretariat

The  **MASTERMIND** Group

Organizing your success

26 Marathonomahon St  
151 24 Maroussi, Greece  
Tel: +30 210 6827405, +30 210 6839690-1  
Fax: +30 210 6827409  
E-mail: [estasinou@tmg.gr](mailto:estasinou@tmg.gr)  
Web site: [www.tmg.gr](http://www.tmg.gr)



με την ευγενική χορηγία της



**Abbott**

A Promise for Life