



Cambridge University Hospitals **NHS**  
NHS Foundation Trust

ΙΝΣΤΙΤΟΥΤΟ ΠΡΟΛΗΨΗΣ, ΕΚΠΑΙΔΕΥΣΗΣ & ΕΡΕΥΝΑΣ  
**ΝΕΥΡΟΛΟΓΙΚΩΝ ΝΟΣΗΜΑΤΩΝ**

# Εκπαιδευτικά Σεμινάρια στη **Νευρολογία** 2011

**24-26 Ιουνίου**  
**2011**

Ξενοδοχείο **Crowne Plaza,**  
**Αθήνα**

Υπεύθυνοι Προγράμματος:



ΙΝΣΤΙΤΟΥΤΟ ΠΡΟΛΗΨΗΣ, ΕΚΠΑΙΔΕΥΣΗΣ & ΕΡΕΥΝΑΣ  
ΝΕΥΡΟΛΟΓΙΚΩΝ ΝΟΣΗΜΑΤΩΝ

**Αλέξανδρος Παπαδημητρίου**  
**Γεώργιος Χατζηγεωργίου**

Cambridge University Hospitals **NHS**  
NHS Foundation Trust

**Dr Duncan Forsyth**  
**Dr Graham Lennox**

## Πρόγραμμα

# Speakers Index | Ευρετήριο Ομιλητών

## Jeremy Brown MA, MB BS, FRCP, MD

I trained in Neurology at the National Hospital Queen Square, other London Hospitals and Nottingham. I did my research on the genetic causes of dementia. I am now a Consultant Neurologist at Addenbrooke's Hospital and run the Cambridge memory clinic with colleagues. I remain working as a general Neurologist at King's Lynn Hospital and Addenbrooke's Hospital, Cambridge. I run the Cambridge Dementia Course. I invented a new cognitive bedside test 3 years ago, the TYM test.

## Duncan Forsyth

Associate International Director for the Far East and Australasia

"I will be available to Members and Fellows to help them use the College's strengths to improve service provision in their particular part of this diverse region. A key part of this will be to work with Fellows to facilitate training opportunities for their trainees in England, for example through the Medical Training Initiative and International Sponsorship Scheme."

Biography

Dr Duncan Forsyth is a Consultant Geriatrician at Addenbrooke's Hospital, Cambridge. He was appointed as Associate International Director for Far East & Australasia on 2009. He is also involved with the College as a member of the examining board for the Diploma in Geriatric Medicine.

He has played an active role in the British Geriatrics Society (BGS) since 1998 having held several key positions most notably as Chair of England Council of BGS 2007-09 and Chair of the Older People's Specialist Forum, a multidisciplinary group providing advice to the Department of Health (England) 2009-11.

With colleagues in his specialty he has been involved in providing a training programme for Geriatric Fellows in the Veterans Hospitals in Taiwan. This has included providing experience for the Geriatric Fellows in the UK and subsequently advising the first graduates of the training programme on developing their new Geriatric services. He has also liaised with the Malaysian and Singaporean Ministries of Health to provide advice on responding to the ageing of their respective countries and has worked with colleagues in Primary Care, Old Age Psychiatry and Geriatric Medicine in Malaysia to provide educational programmes.

## Andrew Graham MA MRCP

Is a Consultant Neurologist at Ipswich Hospital, UK and Addenbrooke's Hospital, Cambridge, UK. He contributes to the Addenbrooke's Memory and Cognitive Disorders Clinic and runs a drug treatment clinic for patients with early-onset Alzheimer's disease. His research interests include studying the role of the frontal lobes in human memory systems.

## Sokratis G. Papageorgiou

Sokratis G. Papageorgiou is a neurologist and Assistant Professor of Neurology at the Department of Neurology, University of Athens Medical School.

From 1981 to 1987, he studied medicine at the Medical School of the University of Athens. From 1988 to 1992, he completed his residency training program in neurology at the Pitié-Salpêtrière University Hospital, in Paris, with a scholarship from the Collège de Médecine des Hôpitaux de Paris. He obtained a MSc degree in Neuropsychology from the University of Claude-Bernard at Lyon, at 1993. From 1992 to 1994 he worked as a fellow in clinical research at the Research Hospital "Frédéric Joliot" of the Commissariat à l'Energie Atomique of France, at Orsay, doing imaging studies with PET in patients with epilepsy and dementia. On January 1995, he presented his PhD thesis at the University of Athens, on the memory deficits of epileptic patients with mesio-temporal sclerosis. He worked from 1996 to 2003 in the Neurology department of Athens General Hospital, where while working in general neurology, he set up a Memory Outpatient Clinic. In 2003 he became a Lecturer in Neurology at the University of Athens and set up the in-patient Cognitive Neurology-Movement Disorders unit of the Department of Neurology, at Eginition Hospital, in Athens. Since 2009 he is Assistant Professor of Neurology and in charge of the Cognitive Neurology-Extrapyramidal Disorders in-patient and out-patient unit of the above hospital. His research interests and publications include the cognitive and behavioural aspects of the various dementing diseases as well as the characterization of atypical, early-onset and rapidly progressive cases. He is a co-founder and member of the executive committee of the post-graduate training program in Clinical Neuropsychology, organized jointly by the University of Athens Medical School and the University of Texas Health Sciences Center. He is a member of the Greek Neurological Society, the European Federation of Neurological Societies, the European Neurological Society and the American Academy of Neurology. He serves as a reviewer in many neurological journals. In June 2010 he has been elected Executive Secretary of the Athens Medical Society.

## Nikos Scarmeas

I was born and raised in Athens Greece. After obtaining an M.D. degree from the University of Athens I moved to the US and had Neurology residency training (Columbia University Medical Center). I subsequently completed a 2-year clinical fellowship in Aging and Dementia at Columbia University Medical Center. I also completed a Masters degree in Biostatistics - Epidemiology at the Mailman School of Public Health at Columbia University.

I share my time between clinical work and research. My clinical work includes seeing elderly patients with dementias and cognitive dysfunction in general, supervising and teaching of Neurology residents.

My research interests have so far included the following. I have been investigating how factors that can affect cognitive reserve (i.e. higher IQ, education, more demanding occupational attainments, or more engagement in cognitive-social-physical leisure - lifestyle activities) can help elderly cope better with the damage caused to their brains by Alzheimer's disease and aging and therefore reduce their risk for dementia and slow down their rates of cognitive and functional decline. I have also used brain imaging to uncover differences in Alzheimer's disease patients and in healthy elderly subjects with either different degrees of cognitive reserve or a genetic predisposition to Alzheimer's disease. More recently, I have developed a special interest in the contribution of diet (in particular composite dietary patterns such as a Mediterranean-type diet and others) and physical activity in dementias and healthy aging.

I am the Principal Investigator in studies funded by either the Alzheimer's Association (IRG) or the National Institute of Aging (R01) and a Co-Investigator in multiple others. My research work has resulted in more than 80 original publications in highly esteemed journals and multiple presentations in internationally acclaimed scientific conferences - meetings. I review for about 50 international scientific journals and for multiple international funding agencies including the Alzheimer's Association, the US National Institute of Health, the European Union Marie Curie programs etc.

24-26 June | Ιουίου 2011

## DEMENTIA | ΑΝΟΙΑ

### Friday 24 June 2011

**Moderator: D. Forsyth**

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- 17:00-18:00** Welcome. How the Cambridge memory clinic is organized. History taking skills. Bedside cognitive testing ACE-R, MMSE, TYM etc., **J. Brown**
- 18:00-18:30** Why acute hospitals should be bothered about older peoples' mental health, **D. Forsyth**
- 18:30-19:00** **B r e a k**
- 19:00-19:30** Making hospitals and outpatients Dementia friendly, **D. Forsyth**
- 19:30-20:00** Alzheimer's disease, **A. Graham**
- 20:00-20:30** Discussion - questions & answers

### Saturday 25 June 2011

**Moderator: J. Brown**

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- 09:00-10:00** Delirium, **D. Forsyth**
- 10:00-11:00** Treatable forms of Dementia, **J. Brown**  
Rare Forms of Dementia, **A. Graham**
- 11:00-11:30** **B r e a k**
- 11:30-12:30** Frontotemporal Dementia, **J. Brown**  
Dementia with Lewy bodies, **A. Graham**
- 12:30-14:30** Workshop to cover: Neurological exam, investigation of memory complaints, imaging, neuropsychology, **J. Brown, A. Graham**
- 14:30-15:30** **B r e a k**
- 15:30-16:30** Parkinson plus syndromes, **A. Graham**  
Mild Cognitive impairment, **J. Brown**
- 16:30-17:00** **B r e a k**
- 17:00-18:30** DVD sessions, **J. Brown, A. Graham**
- 18:30-19:30** Rapidly progressive Dementia, **S. Papageorgiou**
- 19:30-20:00** Discussion - questions & answers

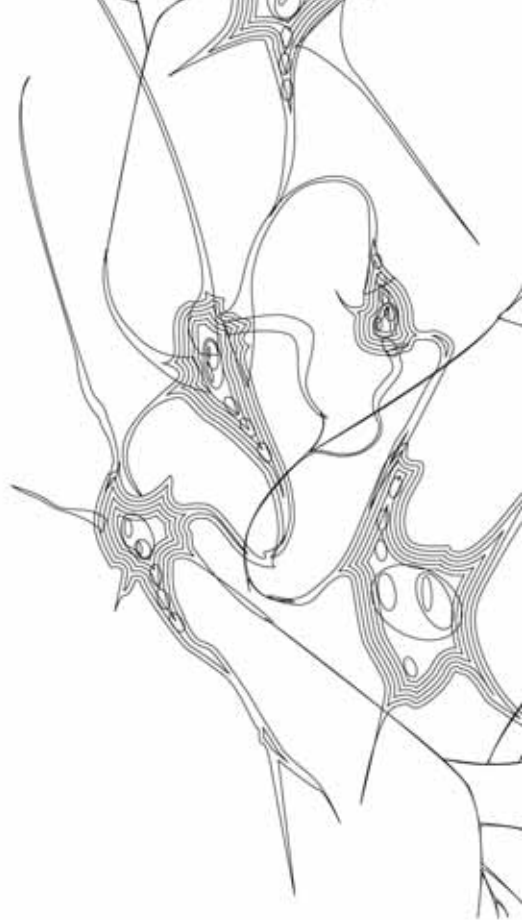
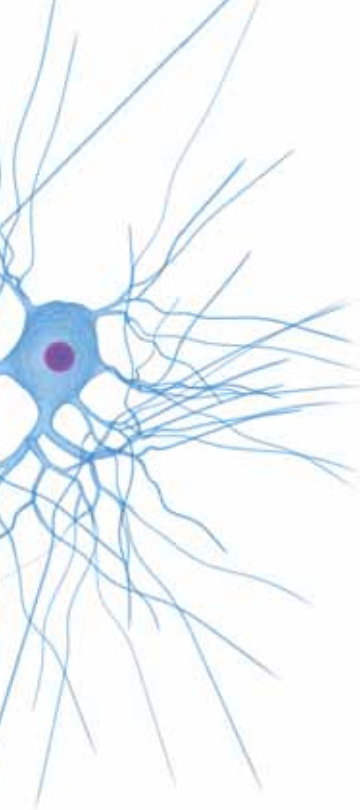
### Sunday 26 June 2011

**Moderator: A. Graham**

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- 10:00-11:00** Prevention of Dementia, **N. Scarmeas**
- 11:00-11:30** **B r e a k**
- 11:30-12:00** Palliative and end of life care in Dementia, **D. Forsyth**
- 12:00-12:30** Treatment of Dementia, **A. Graham**
- 12:30-13:30** Discussion - questions & answers





## Organisation:



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