

CARDIO



ATHENA
2017

March 10-11, 2017

Royal Olympic Hotel, Athens - Greece

Meeting
on Cardiovascular Medicine

www.cardioathena2017.gr

Final Program

Organized by:



Institute of
Arrhythmias

In collaboration with:



Institute of Cardiovascular
Research and Education "KARDIA"



1st Department of Cardiology,
Athens University Medical School,
"Hippokraton" Hospital, Athens, Greece

Under the auspices of:



University of Athens, Medical School,
Athens, Greece



Hellenic Cardiological Society, Athens, Greece

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MERCK



Dear Colleagues,

I cordially welcome you to **CARDIO ATHENA 2017 – Meeting on Cardiovascular Medicine**. The Meeting, which will be held in Athens at the ROYAL OLYMPIC HOTEL, on March 10th and March 11th, is organized by the 1st Cardiology Department of Athens University Medical School in collaboration with the Institute of Arrhythmias.

The CARDIO ATHENA 2017 is an effort to enhance the interchange of emerging new information on the diagnosis, prevention and treatment of cardiovascular disease. During these two days we will have the opportunity to attend sessions with participation of experts who are pioneers in the field of cardiovascular research. Through lectures, round table discussions and satellite symposia, the meeting offers an outstanding scientific program featuring both state-of-the-art knowledge and innovative approaches in cardiovascular medicine. We anticipate that this meeting will be valuable both in terms of everyday clinical practice and advanced research.

We are looking forward to welcoming you in what promises to be an exciting meeting.



Dimitrios Tousoulis

Professor of Cardiology

Head, 1st Department of Cardiology, Athens Medical School

Hippokration Hospital, Athens, Greece

Conference President **CARDIO ATHENA 2017**



COMMITTEES

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Dimitrios Terentes - Printzios (Athens)

Konstantinos Toutouzas (Athens)

Konstantinos Tsioufis (Athens)

INVITED FOREIGN SPEAKERS

Antoniades Charalampos Associate Professor of Cardiovascular Medicine, Cardiovascular Medicine Division, Radcliffe Department of Medicine, University of Oxford, U.K.

Imazio Massimo Professor of Cardiology, Turin, ITALY

Stephane Carlier Professor of Cardiology, University of Mons, Charleroi, Belgium



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SCIENTIFIC COMMITTEE

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Vavouranakis E. (Athens)	
Vlachopoulos Ch. (Athens)	

Friday, March 10th, 2017

OLYMPIA HALL

08:30 - 8:35

Welcome addresses

D. Tousoulis

Chairman of the CARDIOATHENA 2017 congress

08:35 - 9:30

Round Table 1: 2016 Cardiovascular Congresses Highlights

Chairmen: **C. Pitsavos, K. Tentolouris**

AHA: **E. Oikonomou**

ACC: **K. Dimitriadis**

ESC: **P. Pietri**

EURO-PCR: **D. Syrseloudis**

Comments - Discussion: **G. Trantalís, Ath. Bratsas, A. Zaharoulis, G. Gavrielatos**

9:30 - 10:30

Round Table 2: The most important clinical trials of 2016

Chairmen: **J. Barbetseas, J. Vlasseros**

Acute coronary syndromes: **K. Aznaouridis**

Heart failure: **C. Chrysohoou**

Lipids: **L. Rallidis**

Prevention: **Ch. Ntellos**

Comments - Discussion: **M. Bonou, E. Rentoukas, S. Zobolos, E. Christophoratos**

10:30 - 11:00

Special Lectures

Chairmen: **D. Kremastinos, P. Toutouzas**

Lecture 1:

Acute myocardial infarction - Differences between men and women: **S. Foussas**

Lecture 2:

Stress echo in Greece – Optimism and concerns: **P. Nihoyannopoulos**

11:00 - 11:30

Coffee Break

11:30 - 12:30

Round Table 3: Arrhythmias - Update

Chairmen: **S. Adamopoulos, Th. Maounis**

Syncope: diagnostic algorithm: **K. Gatzoulis**

How to treat ventricular arrhythmias? **P. Dilaveris**

Ablation of atrial fibrillation: techniques: **M. Efremidis**

Monitoring / Treatment of patients after ablation: **G. Andrikopoulos**

Comments - Discussion: **K. Kouvelas, K. Letsas, S. Tzeis, A. Sideris, P. Flevari**

Friday, March 10th, 2017

OLYMPIA HALL

12:30 - 13:00

Satellite Lecture (AMGEN)

13:00 - 14:00

Interesting Clinical Cases

Chairmen: **G. Economopoulos, E. Tsiamis, N. Zakopoulos**

S. Brili

D. Tsiachris

D. Terentes-Printzios

J. Skiadas

P. Stouyiannos

Comments - Discussion: **C. Hasikidis, A. Grivos, D. Sakellariou, P. Kalogeropoulos, A. Katsaros, V. Giannakopoulou, O. Kaitozis, C. Georgakopoulos**

14:00 - 15:00

Lunch Break

15:00 - 16:00

Round Table 4: *Interventional cardiology – What's new*

Chairmen: **G. Bobotis, D. Iliopoulos**

TAVI in intermediate risk patients: **K. Toutouzas**

Percutaneous transcatheter mitral valve replacement: **E. Vavouranakis**

Electrophysiology - Leadless pacemaker: **S. Sideris**

Left ventriculoplasty today: **N. Koumallos**

Comments - Discussion: **G. Katsimaglis, A. Spanos, E. Sanidas, E. Kouerinis**

16:00 - 17:00

Round Table 5: *Update on cardiovascular imaging*

Chairman: **P. Nihoyiannopoulos**

Co-chairman: **D. Kokkinos**

Echocardiography: **D. Klettas**

Stress echo: **K. Aggeli**

MRI: **S. Mavroyenni**

PET: **K. Anagnostopoulos**

Nuclear: **A. Kitsiou**

Comments - Discussion: **T. Xydas, D. Tsekoura, N. Alexopoulos, G. Roussakis, P. Danias**

Friday, March 10th, 2017

OLYMPIA HALL

- 17:00 - 18:00 **Round Table 6: Novel therapeutic strategies for cardiovascular disease**
Chairmen: **A. Kranidis, V. Pyrgakis**
Lipids: J. Skoumas
Hypertension: K. Tsioufis
Anticoagulants: A. Androulakis
Diabetes Mellitus: A. Thanopoulou
Comments - Discussion: **C. Mihalakeas, K. Thomopoulos, A. Aggelis, N. Skliros**
- 18:00 - 18:30 **Coffee Break**
- 18:30 - 19:30 **Special Lectures**
Chairmen: **H. Karvounis, J. Nanas**
Lecture 3:
Multimodality imaging of pericardial diseases: M. Imazio
Lecture 4:
Using cardiac CT for risk stratification: C. Antoniades
- 19:30 - 20:00 **Satellite Lecture (SANOFI)**
- 20:00 - 20:30 **Satellite Lecture (BAYER – ELPEN)**
- 20:30 **Opening Ceremony**

Saturday, March 11th, 2017

OLYMPIA HALL

- 9:00 - 10:00 **Round Table 7: ESC Guidelines – What’s new?**
Chairmen: **A. Manolis – F. Triposkiadis**
Prevention: **G. Goumas**
Lipids: **A. Tselepis**
Pericarditis: **G. Lazaros**
Cardio-oncology: **A. Synetos**
Heart failure: **G. Giamouzis**
Comments - Discussion: **E. Gialafos, E. Bilianou, S. Christoulas, J. Alexanian, K. Kalogeras**
- 10:00 - 11:00 **Round Table 8: Diabetes mellitus and heart disease**
Chairmen: **E. Melidonis - K. Stamatelopoulos**
Levels of key glyceimic index in patients with heart disease: **S. Liatis**
Diabetes in patients with heart disease: **B. Lampadiari**
Treatment of patient with peripheral vascular disease: **E. Avramopoulos**
What’s new in treatment? **N. Tentolouris**
General Conclusion: **N. Katsilambros**
Comments - Discussion: **S. Kakouros, V. Katsi, A. Avgeropoulou, M. Nikolaou**
- 11:00 - 11:30 **Satellite Lecture (BOEHRINGER INGELHEIM)**
- 11:30 - 12:00 **Coffee Break**
- 12:00-13:00 **Debate**
Chairmen: **J. Kallikazaros, S. Toumanidis**
LDL: <70 vs 50-70: **C. Vlachopoulos, D. Richter**
Electronic cigarette: Pro / Cons: **N. Ioakimidis, I. Ikonomidis**
IVUS or OCT? **S. Vaina, G. Latsios**
- 13:00 - 13:30 **Satellite Lecture (MENARINI)**
- 13:30 - 14:00 **Satellite Lecture (NOVARTIS)**
- 14:00 - 14:30 **Lunch Break**

Saturday, March 11th, 2017

OLYMPIA HALL

14:30 - 15:30

Round Table 9: Nurse and patient with cardiovascular disease

Chairman: **M. Kapella**

Dizziness or syncope? First reaction in E.D.: **A. Maniou**

Office BP, Home BP, 24-hour ambulatory BP monitoring. Advantages and disadvantages: **D. Aragiannis**

Type A aortic dissection: **M. Garipi**

Safety and efficacy of the radial access during primary angioplasty in AMI:
G. Kontopoulou

Decision making in the cath lab. The role of the team: **N. Koufakis**

Comments - Discussion: **M. Salourou, Ch. Papanastasis, D. Dalas, A. Vassilaki, A. Theodorakopoulou**

15:30 - 16:00

Special Lectures

Chairmen: **J. Chlorogiannis, E. Iliodromitis**

Lecture 5:

Recent developments in interventional treatment of atrial fibrillation: **S. Deftereos**

Lecture 6:

Minimally invasive mitral valve surgery: **S. Pattakos**

16:00 - 17:00

Round Table 10: Dilemmas in cardiology

Chairmen: **V. Voudris, A. Magginas**

Micro RNA: research or clinical tool? **A. Antonopoulos**

Antithrombotic therapy in atrial fibrillation after stent: Double or triple?
S. Papaioannou

Heart Failure with Mid-Range Ejection Fraction: is it an existing entity?
D. Farmakis

Thromboaspiration in Acute Myocardial Infarction: **S. Patsilidakos**

Comments - Discussion: **A. Miliou, K. Spargias, P. Dedeilias, A. Dage**

17:00 - 18:00

Round Table 11: Management of patients with cardiovascular disease and comorbidities - Residents: what we should know for the management of patients with heart disease and...

Chairmen: **D. Alexopoulos, A. Trikas**

... Kidney disease: **J. Boletis**

... Cancer: **A. Psiri**

... Rheumatic disease: **D. Vassilopoulos**

Comments - Discussion: **A. Papanikolaou, S. Liberi, N. Kafkas, E. Siniorakis**

Saturday, March 11th, 2017

OLYMPIA HALL

- 18:00 - 18:30 **Coffee Break**
- 18:30 - 19:00 **Satellite Lecture (ASTRAZENECA)**
- 19:00 - 20:00 **Round Table 12: Cardiology at a glance (take home messages for 2017)**
Chairmen: **J. Lekakis, D. Tousoulis**
Predisposing factors: **D. Panagiotakos**
Biomedicine: **Th. Papaioannou**
Genetics: **A. Anastasakis**
Imaging: **I. Paraskevaïdis**
Acute coronary syndroms: **J. Kanakakis**
Electrophysiology: **G. Theodorakis**
Heart Failure: **G. Filippatos**
- 20:00 - 20:30 **Special Lectures**
Chairmen: **D. Tousoulis, C. Vlachopoulos**
Lecture 7:
Defining longevity: **Ch. Stefanadis**
Lecture 8:
Imaging in Coronary Artery Disease. Present and future: **S. Carlier**
- 20:30 - 20:45 **The «KORINTHIA» study**
Chairman: **D. Tousoulis**
Presentation: **G. Lazaros, E. Oikonomou, E. Chrystophoratos, C. Chasikidis**
- 20:45 - 21:00 **Closing Remarks - End of Sessions**
D. Tousoulis



GENERAL INFORMATION

SCIENTIFIC SECRETARIAT

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DATES

Friday, March 10th, 2017
Saturday, March 11th, 2017

MEETING VENUE

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REGISTRATION

Registration for the Meeting is free of charge.

OFFICIAL LANGUAGE

The official languages of the Meeting are Greek and English.

ACCREDITATION

The Cardio Athena 2017 - International Meeting on Cardiovascular Medicine is accredited by the Panhellenic Medical Association for **12 hours of External CME credits**.

Conference Badges

The badges are delivered by the Secretariat of the Conference and are essential for entrance to both conference and the exhibition area throughout the duration of the Conference. The badges bear barcode, to control the entry and exit from the conference rooms. The total monitoring time of the scientific program of the Conference is the basic condition for placing the molecules in accordance with the instructions of Panhellenic Medical Association and National Organization for Medicines.

Certificates of Attendance

Under current legislation, the right of certificate receipt with CME Credits has every Convener doctor who has attended 60% of the hours of the Scientific Program. Satellite symposiums and lectures sponsored by pharmaceutical companies are not awarded with CME credits.
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Θεραπευτικές

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