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10th Symposium

Cardiovascular Disease and Renal Dysfunction 2018

with international participation

Saturday

January 20, 2018

Eugenides Foundation,
Athens, Greece

Workshop

Diabetes mellitus
in the era of integrated
cardiovascular
and renal care

Friday

January 19, 2018

Under the auspices of:



University of Athens,
Medical School, Athens, Greece



ΕΛΛΗΝΙΚΗ ΚΑΡΔΙΟΛΟΓΙΚΗ ΕΤΑΙΡΕΙΑ
HELLENIC CARDIOLOGICAL SOCIETY



European
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Program



Περαιτέρω πληροφορίες διατίθενται από τον κάτοχο της άδειας κυκλοφορίας κατόπιν αιτήσεως.



Menarini Hellas

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Cardiovascular Disease and Renal Dysfunction 2018

with international participation

Dear Colleagues,

I cordially welcome you to the 10th Symposium on “**Cardiovascular Disease and Renal Dysfunction 2018**” with international participation, which is held in Athens, at the Eugenides Foundation, on January 19-20, 2018.

The Symposium “Cardiovascular Disease and Renal Dysfunction 2018” is an effort to enhance the interchange of emerging new information on pathophysiological and clinical interrelationships between kidneys, the heart and the vasculature.

During the Symposium we will have the opportunity to attend Sessions with the participation of world experts, who are pioneers in the field of cardiovascular research. Through Round Table discussions and Debates, the Symposium offers an outstanding Scientific Program, featuring both state-of-the-art knowledge and innovative approaches of the patient with renal impairment and cardiovascular disease.

We anticipate that this Symposium will be valuable in terms of both everyday clinical practice and advanced research.

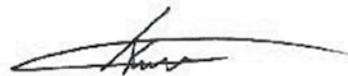
We look forward to providing you with the famous Greek hospitality, in what promises to be an exciting scientific event.

Sincerely,



Dimitrios Tousoulis

Chairman of the Organizing Committee
Professor of Cardiology
Director, 1st Department of Cardiology
Athens University Medical School
“Hippokration” Hospital, Athens, Greece



Konstantinos Tsioufis

Co-Chairman of the Organizing Committee
Associate Professor of Cardiology
1st Department of Cardiology
Athens University Medical School
“Hippokration” Hospital, Athens, Greece
President of H.C.S.
President of E.S.H.

Organizing Committee

Symposium Chairman: **Dimitrios Tousoulis**
Professor of Cardiology, Director of the 1st Department of Cardiology, Athens University Medical School, "Hippokration" Hospital, Athens, Greece

Symposium Co-Chairman: **Konstantinos Tsioufis**
Associate Professor of Cardiology,
1st Department of Cardiology,
Athens University Medical School,
"Hippokration" Hospital, Athens, Greece
President of H.C.S.
President of E.S.H.

International Invited Faculty

George Bakris Professor of Medicine
University of Chicago Hospitals
Director, ASH Comprehensive Hypertension Center
University of Chicago Medicine, Chicago IL, USA

G rard London Professor of Nephrology
Nephrology Department
Hospital Center Manh s,
Fleury M rogis, Essonne, FRANCE

Vassilios Papadimitriou Professor of Medicine (Cardiology)
Georgetown University
Director Interventional Hypertension and Vascular
Medicine Program
VA Medical Center, Washington DC, USA

Josep Redon Professor of Medicine
University of Valencia, SPAIN

General Information

Scientific Secretariat

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Organizing Secretariat

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E-mail: mbriki@tmg.gr, Web-site: www.tmg.gr

Symposium Date

January 19-20, 2018

Symposium Venue

Eugenides Foundation

387, Syggrou Ave., GR 175 64 Athens, Greece

Tel.: +30 210 94 69 600, Fax: +30 210 94 17 372

Registration

Registration to the Symposium is free.

Official Language

The official languages of the Symposium are greek and english.

Certificate of Attendance

All registered participants will receive a Certificate of Attendance from the Symposium Secretariat, after the end of the Scientific Program.

Accreditation

The Symposium is accredited by the Greek Medical Association for **11 hours of External CME Credits**.

Workshop

Diabetes mellitus in the era of integrated cardiovascular and renal care

Friday, January 19, 2018

15.00-15.30 **Registrations**

15.30-17.00 **Debates**

Chairmen: G. Dimitriadis, N. Tentolouris, T. Makris

1. Is diabetes mellitus an equivalent of coronary artery disease?

15.30-15.40 Pro: E. Chatziaggelaki

15.40-15.50 Contra: I. Ioannidis

2. Is Metformin the ideal drug for first line therapy?

15.50-16.00 Pro: A. Raptis

16.00-16.10 Contra: A. Thanopoulou

3. The target blood pressure should be <130/80mmHg?

16.10-16.20 Pro: C. Grassos

16.20-16.30 Contra: D. Papadopoulos

16.30-16.50 Comments:

- E. Andrikou, M. Papavassiliou
- I. Kyriazis, M. Noutsou
- A. Pittaras, E. Triantafilidi

16.50-17.00 Discussion with the audience

17.00-17.30 **Satellite Lecture BOEHRINGER INGELHEIM**

17.30-17.45 **Intermission - Coffee break**

17.45-18.15 **Satellite Lecture ASTRAZENECA**

Workshop

Diabetes mellitus in the era of integrated cardiovascular and renal care

Friday, January 19, 2018

18.15-19.30 **Round Table: "Diabetic complications from A to Z"**

Chairmen: S. Pappas, K. Makrylakis, G. Katsimaglis

18.15-18.27 *Diabetic neuropathy*

N. Papanas

18.28-18.40 *Diabetic nephropathy*

V. Lambadiari

18.41-18.53 *Diabetic myocardiopathy*

G. Siasos

18.54-19.06 *Peripheral artery disease*

C. Vlachopoulos

19.07-19.19 *Comments: M. Kalistratos, A. Lepouras, F. Lagiou, A. Synetos*

19.20-19.30 *Discussion with the audience*

19.30-20.45 **5 minutes presentations of best paper (s) in 2017 related to:**

K. Aggeli, A. Melidonis, A. Mitrakou

19.30-19.35 *Cardiovascular effects of antidiabetic drugs*

I. Elefteriadou

19.36-19.41 *How to screen an asymptomatic diabetic patient for CAD*

D. Konstantinidis

19.42-19.47 *Arrhythmias in diabetic patient*

A. Kordalis

19.48-20.03 *Non alcoholic fatty liver disease in diabetes melitus*

A. Kasiakogias

20.04-20.09 *Hypoglycemia and cardiovascular risk*

O. Kaitozis

20.10-20.15 *Revascularization of a diabetic patient*

D. Syrseloudis

20.15-20.45 *Comments-Discussion:*

- V. Katsi, K. Masoura
- S. Galanacos, K. Kintis
- N. Magkas, K. Traxanas
- M. Divani, G. Karapati
- A. Aggelis
- D. Papoutsis

Saturday, January 20, 2018

08.25-08.30

Welcome address

D. Tousoulis, Chairman of the Symposium

K. Tsioufis, Co-Chairman of the Symposium

08.30-09.45

Round Table: "How to manage clinical cardiorenal cases"

Chairmen: D. Alexopoulos, C. Pitsavos

08.30-08.42

*A 75-years-old patient admitted for acute pulmonary edema and glomerular filtration rate <30 mL/min/1.73m²***V. Bistola**

08.43-08.55

*A 52-years-old patient with history of heart failure admitted due to ascites and peripheral edema with deterioration of kidney function***G. Giannakoulas**

08.56-09.08

*A 80-years-old diabetic lady with severe aortic valve stenosis admitted for syncope***K. Toutouzas**

09.08-09.20

*A 54-years-old man with ischemic cardiomyopathy and 3 vessel disease***E. Vavouranakis**

09.20-09.32

Comments: M. Sonikian, N. Kaperonis, G. Latsios, N. Kafkas

09.33-09.44

Discussion with the audience

09.45-10.10

Lecture

Chairman: P. Pasadakis

*Common problems for the cardiologist in the management of patients with chronic kidney disease***D. Goumenos**

10.10-10.40

Satellite Lecture WINMEDICA

10.40-11.00

Intermission - Coffee break

Saturday, January 20, 2018

11.00-12.30 Special Session: "The Hellenic cardio-renal community meets the experts"

Coordinators: D. Tousoulis, N. Zakopoulos, K. Tsioufis

11.00-11.15 *The new ACC-AHA guidelines for hypertension*
G. Bakris11.16-11.31 *The debate about SPRINT: Why are we still arguing?*
V. Papademetriou11.32-11.47 *Acute decline in GFR after blood pressure treatment. What to do?*
J. Redon11.48-12.03 *Accelerated vascular aging*
G. London12.04-12.15 *Panelists: M. Doulas, A. Manolis, G. Stergiou, K. Thomopoulos*12.16-12.30 *Discussion with the audience***12.30-13.00 Satellite Lecture BAYER & ELPEN****13.00-13.30 Satellite Lecture NOVARTIS****13.30-15.00 Round Table: "Antithrombotic therapy in patients with cardiovascular disease: A puzzle to be solved"**

Chairmen: C. Karvounis, A. Spanos, V. Voudris

1. Antithrombotic therapy in a patient with atrial fibrillation and GFR<4513.30-13.38 *Dikoumarol must be our choice*

P. Dilaveris

13.39-13.47 *NOAC is the preferable choice*

V. Vasilikos

2. Dual antiplatelet treatment after stenting in CAD and GFR <4513.48-13.56 *Aspirin and clopidogrel remains the gold standard*

D. Tziakas

13.57-14.05 *Aspirin and ticagrelor is the preferable choice*

P. Davlouros

3. Antithrombotic strategy in a patient with ACS and AF14.05-14.13 *Triple antithrombotic treatment remains our choice*

J. Kanakakis

14.14-14.22 *NOAC and single antiplatelet treatment is the preferable choice*

S. Patsilinakos

14.23-14.45 *Comments-Discussion:*

• L. Poulimenos, E. Sanidas

• P. Stougianos, S. Vaina

• D. Tsiachris, J. Skiadas

14.46-15.00 *Discussion with the audience*

Saturday, January 20, 2018

15.00-15.30 **Lunch Break**15.30-16.15 **Debate: "How to best manage a patient with stable coronary artery disease and renal dysfunction"**

Chairmen: I. Kallikazaros, S. Foussas

15.30-15.38 *Just manage risk factors and give drugs!***C. Olympios**15.39-15.47 *Just open the arteries!***A. Androulakis**15.48-16.05 Surgeons' view: J. Chlorogiannis, V. Kotsis, N. Koumalos, D. Nikas,
G. Pattakos16.06-16.14 *Discussion with the audience*16.15-17.20 **Round Table: "Patient with cardio-renal disease and comorbidities. What the cardiologist should know in case of: "**

Chairmen: I. Bolletis, D. Boubas, C. Stefanadis

16.15-16.27 *Hepatic involvement***I. Koskinas**16.28-16.40 *Exacerbation of COPD***S. Loukidis**16.41-16.53 *Rheumatic disorders***D. Vasilopoulos**16.54-17.06 *Anemia***L. Gianouli**17.07-17.20 *Comments-Discussion:* S. Kakouros, A. Avgeropoulou, K. Aznaouridis,
E. Rentoukas17.20-17.45 **Intermission - Coffee break**

Saturday, January 20, 2018

17.45-19.00 Round Table: "Hot issues in a cardiorenal patient explained by experts"

Chairmen: F. Triposkiadis, A. Karabinis, Ant. Manolis

17.45-17.55 *Pulmonary hypertension*

I. Paraskevaïdis

17.56-18.06 *Large pericardial effusion*

G. Lazaros

18.07-18.17 *Hyponatremia-hyperkalemia*

D. Vlachakos

18.18-18.28 *Vitamin D deficiency*

D. Petras

18.29-18.39 *Proteinuria*

R. Kalaitzidis

18.40-18.59 *Comments-Discussion: A. Kitsiou, I. Barbetseas, N. Afentakis, G. Psimenos, Th. Apostolou***19.00-20.15 Round Table: "Heart failure in the patient with renal disease: the double-edged sword"**

Chairmen: E. Iliodromitis, E. Tsiamis

19.00-19.12 *Hemodialysis as therapeutic tool in 2018*

P. Sarafidis

19.13-19.25 *Inotropic therapy: Experts' opinion is still valuable*

A. Trikas

19.26-19.38 *CRT-ICD implantation*

K. Gatzoulis

19.39-19.51 *Heart failure therapy: From the established to emerging therapies*

D. Farmakis

19.52-20.15 *Comments-Discussion: A. Gouziouta, E. Oikonomou, S. Sideris, S. Marinaki***20.15 Conclusion**
K. Tsioufis

Διαχρονικές

Θεραπευτικές

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